

The U.S. Coast Guard has issued a Special Notice to Mariners regarding Medium Frequency (MF) Distress Watchkeeping available at <http://www.navcen.uscg.gov/pdf/> under news and posted on the Local Notice To Mariners.

**March 12<sup>th</sup>, 2013**

**LNM SPECIAL NOTICE**

**U.S. COAST GUARD MEDIUM FREQUENCY (MF) DISTRESS WATCHKEEPING**

Mariners are advised that calls to the U.S. Coast Guard on the international radiotelephone distress frequency 2182 kHz or the Digital Selective Calling (DSC) frequency 2187.5 kHz **may not be heard or may be severely degraded.**

Instead of using 2182 kHz for distress calls, mariners should use high frequency (HF) radiotelephone or DSC in the 4, 6, 8, and 12 MHz distress or calling bands as follows:

**US East and Gulf Coasts**

KHz SHIP STATION	KHz COAST STATION	NMF	NMN	NMA	NMG
*2182	*2182	24 HRS	24 HRS	24 HRS	24 HRS
4125	4125	2300-1100Z	2300-1100Z	2300-1100Z	2300-1100Z
6215	6215	24 HRS	24 HRS	24 HRS	24 HRS
8291	8291	24 HRS	24 HRS	24 HRS	24 HRS
12290	12290	1100-2300Z	1100-2300Z	1100-2300Z	1100-2300Z

**US West Coast, Hawaii and Guam:**

Ship Station - KHz	Coast Station - KHz	NMC	NMO	NOJ	Guam
*2182	*2182	24 HRS	24 HRS	24 HRS	24 HRS
4125	4125	24 HRS	0600-1800Z	24 HRS	N/A
6215	6215	24 HRS	24 HRS	24 HRS	0900-2100Z
8291	8291	24 HRS	24 HRS		N/A
12290	12290	24 HRS	1800-0600Z		N/A

Station	Location	
NMN	Chesapeake, VA (Norfolk)	Master
NMF	Boston, MA (Marshfield)	Remote
NMA	Miami, FL	Remote
NMG	New Orleans, LA (Belle Chase)	Remote
NMC	Pt. Reyes, CA (San Francisco)	Master
NMO	Honolulu, HI	Remote
NRV	Guam	Partial Remote
NOJ	Kodiak, AK	Independent

