

# The Cruising Club of America

## Safety-at-Sea



This is a CCA “Safety Moment” Handout

### **CCA Safety Check-List for Short-handed Cruising**

Minimum skills crew should have for cruising safely

1. Can they stop the boat?
2. Can they lower the sails?
3. Can they steer a compass course?
4. Can they engage and set a course on the autopilot or windvane?
5. Can they start and stop the engine?
6. Can they drop the anchor?
7. Can they determine the latitude and longitude of the boat’s current position?
8. Can they use the VHF radio to call another boat or Coast Guard and send a DSC message?
9. Do they know how to call for help (send a MAYDAY message)?
10. If your boat has one, so they know how to set off an EPIRB or PLB?
11. Do they know how to deploy the Lifesling?
12. If your boat has one, can they release the MOM or MOB pole?
13. Do they know where the flares are and how to use them?
14. Do they know where the fire extinguishers are and how to use them?

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