



Welcome Bienvenue Ciad Mile Fàilte Pjila'si

In 2012 a glorious fleet of yachts gather in the Bras d'Or Lakes, on July 23 to August 3 to celebrate the CCA 90th Anniversary. It is here that the CCA was founded. Welcome from the people of Cape Breton – English, French, Gaelic & Mi'kmaq.

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#### THE CRUISING CLUB OF AMERICA

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Dear CCA 90<sup>th</sup> Anniversary Cruise Participants,

Rear Commodore Wilson Fitt, the entire Bras d'Or Station and I welcome you to the Cruising Club of America's 90<sup>th</sup> Birthday Celebration. It is fitting that our summer cruise is in the lovely salt water lakes where the concept of a club to promote amateur racing and cruising in suitable craft was conceived. The recent Newport Bermuda fleet, 26 CCA yachts, demonstrated that our Club has fostered and upheld the original objectives of the founders.

Gretchen McCurdy and her Cruise Planning Team have been putting together this 90<sup>th</sup> Anniversary Cruise for over two years. They have planned a perfect celebration with five not-to-be-missed events: the opening dinner at the magnificently restored Louisbourg, a Barbecue at Partridge Landing, Brunch at the water's edge in Baddeck, a sunflower raft in Little Harbour, and the final dinner in Maskell's Harbour, with many unstructured days to explore these gorgeous cruising grounds.

We are all anticipating many days of fog free cruising, friendship, and lazy afternoons enjoying the beautiful anchorages and wildlife, including bald eagles, deer, ospreys, and more. If you find *Rabbit* anchored in a lovely cove, please come over or raft. Mimi and I look forward to seeing all of you.

Sincerely,

MMSI 338080443



#### CRUISING CLUB OF AMERICA BRAS D'OR STATION PO Box 945 Chester Neve Sectio Canada

Chester, Nova Scotia, Canada B0J 1J0

Fellow CCA Members,

The members of the Bras d'Or Station extend warmest welcomes to each of you as we celebrate the CCA's 90<sup>th</sup> Anniversary. This will be an occasion for looking back at our roots and collective history, enjoying the moment (which I assure you will be very enjoyable indeed) and dreaming and scheming about voyages yet to come.

Cape Breton is an inspiring place, full of history, natural beauty and music. There are few better ways to see it than from the decks of our own boats.

Let's have fun, admire and respect our surroundings, renew old friendships, make new ones, share a tot or more from the Rum Barrel, add to the history of the CCA, and return home safe and satisfied.

I look forward to seeing all of you!

Wilson Fitt

Rear Commodore

CCA Bras d'Or Station



#### **CAPE BRETON**

Cape Breton Island is magnificent, providing an endless variety of vistas, activities, and experiences. It's an island of living history and Celtic spirit. Cape Breton Island is home to the ancient culture of the Mi'kmaq Nation as well as Scottish and French settlers. It has been voted #1 Island Destination in North America by Travel & Leisure Magazine

The Island has a long and storied past, even before Europeans discovered it the native Mi'kmaq were its first residents. John Cabot, who likely was the first European to come ashore, claimed the Island for England in 1497. The French, Scottish and Irish peoples settled in different areas of the Island, while the 'ownership' changed hands frequently between the French and British. The French constructed a Fortress at Louisbourg to help protect their interests. Even though it was twice captured by the British it remained part of the French colonies until it was ceded to the British under the Treaty of Paris in 1763.

The 1800's saw an influx of Highland Scots as a result of the Highland Clearances in Scotland where landlords forced their tenants off the land. As the French and Irish were also settling the area, this led to a unique blend of culture which you feel today through its music and language such as Gaelic which is still spoken by many on the island.

In 1885 Alexander Graham Bell purchased land near Baddeck, at the time a small village. He started building an estate not only to live with his wife Mabel but for research and experimentation in laboratories he built. They called the land Beinn Bhreagh (Gaelic for 'beautiful mountain'), and from here he experimented with hydrofoil technology and also launched the AEA Sliver Dart from the iced-over Bras d'Or Lakes, which was the British Empire's first powered flight.

The 1900's were a time of industrial expansion with coal and steel at the forefront, albeit with much turmoil as labour disputes broke out and unions were established. Due to the immense numbers of cod and lobster off the coast of Cape Breton, fishing became a large part of the economy and culture. Later, overfishing led to the collapse of this industry, although to this day fishing is still a viable business. The demise of coal as a fuel has also seen the end of that industry. But the indomitable spirit of islanders' lives on, and today small and medium sized businesses are the primary economic drivers for Cape Breton Island. Modern Cape Breton has a wide mix of tourism, fishing, agriculture and forestry all of which face continuing challenges but all of which endure today.

Skirl:
The sound made by the chanter pipe of bagpipes.

#### **BRAS D'OR LAKES**

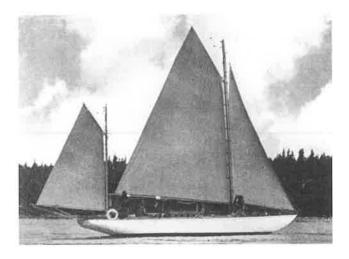
The Bras d'Or Lakes is one of the world's largest salt water lakes. The Lakes measure roughly 100 km in length and 50 km in width with a maximum depth of 287 metres. The Bras d'Or Lakes are surrounded almost entirely by high, tree-covered, rolling hills, and the long narrow arms of the Lakes are filled with warm brackish water. Known for gentle, fog-free waters, beautiful anchorages, and hundreds of coves and islands, the area is a boater's paradise. The Bras d'Or Lakes' unique tidal waters create a rich ecosystem that supports a dazzling array of wildlife including hundreds of pairs of bald eagles, white-tailed deer, osprey, foxes, and raccoons. The area is of high cultural significance to the Mi'kmaq people and is a centre of Scottish heritage in Nova Scotia.

#### YACHT "ELSIE" & HER SIGNIFICANCE TO CCA HISTORY

The *Elsie* was built in 1917 by Dr. Alexander Graham Bell at his Beinn Bhreagh laboratory as a gift to his son-in-law, Gilbert H. Grosvenor (whose great grandson, Jim Watson is participating in this CCA 90th AC). George Owen, a Canadian naval architect at MIT was the designer of *Elsie*. *Elsie* is still in West Bay in a state of restoration, now owned by an individual from Kentucky.

It was in 1919 in Maskell's Harbour (then called Boulaceet Harbour) on board *Elsie* when William Washburn Nutting (first Commodore of the CCA), W.F. Casey Baldwin, and Gilbert Grosvenor first discussed the concept of forming a cruising club. The next year these men were welcomed by officers of the Royal Cruising Club and became even more enthusiastic over forming a similar organization in America. On returning home they persuaded a group of yachtsmen to launch the Cruising Club of America. Nutting wrote that "the word 'America' in the title was to reflect its geographical and not its political sense". The result was to draw "into close relationship all the deep-water amateur sailormen (we're sure he meant sailors!) of our hemisphere"

It was in 1922 that the CCA was formed after that initial gathering on board *Elsie*. In 2012 the CCA remembers that auspicious occasion with this 90th Anniversary Cruise of the Bras d'Or Lakes.



#### **UNESCO BIOSPHERE**

The Bras d'Or watershed, a UNESCO Biosphere Reserve, is a unique salt-water estuary that constitutes a true inland sea. Biosphere Reserves are living laboratories of sustainable development, where local communities choose to take on the challenge of protecting biodiversity while fostering economic and social development. The Bras d'Or Lake estuary has unique characteristics as it contains species typical of both Arctic waters and warm subtropical oceans.

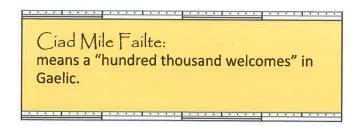
The coastline of the Bras d'Or Lake is a complex sequence of barrier beaches, rocky headlands, barachois ponds and wetlands. Mi'kmaq and the descendants of early French, Scottish, and English settlers live together building healthy and vibrant communities. Four languages are spoken in the watershed, English, French, Mi'kmaq and Gaelic. Many rural residents make their living from the forest, mineral extraction, agriculture, and fisheries sectors, while those in communities benefit from the tourist industry, schools, health centres, and government offices. Throughout the Bras d'Or Lake watershed, art, music and stories, rich in local culture, abound.

#### PRESERVING THE ECOSYSTEM OF THE BRAS D'OR LAKES

Many people who live in and around the Bras d'Or Lakes, along with visitors who have fallen in love with the region, work to preserve the Lake's ecosystem. Three groups in particular have achieved success. The Bras d'Or Stewardship Society, funded in part by the CCA's Bonnell Cove Foundation, is a grass-roots, non-profit entity created to conserve and restore the Bras d'Or Lakes. The Bras d'Or Preservation Nature Trust works to protect the unique qualities of the Bras d'Or Lakes and sponsors the Bras d'Or Lakes and Watershed Interpretive Centre in Baddeck. The Bras d'Or Lake Biosphere Reserve Association oversees the activities of the Biosphere Reserve.

#### HIGHLAND VILLAGE - IONA

Discover Nova Scotia's Gaelic heritage at the Highland Village in the Iona-Grand Narrows area, where the Lakes meet at the swing bridge. Here you can experience the life of Scottish settlers and embrace the rich culture and traditions passed on through generations. The Highland Village depicts the history of Gaelic architecture from sod houses to a fine wooden church, smithy, and various arts. Costumed animators will teach you a few phrases of Gaelic as well.





#### Monday, July 23rd – Louisbourg

0900 - 1200 Registration

1000 Skippers Meeting

1400 Behind the Scenes and Archeological Tour of the Fortress

1630 Gather at the Waterfront for bus to Fortress Louisbourg for Reception & Dinner

#### Tuesday, July 24th – Louisbourg

0900 Diesel fill-up and garbage deposit

**July 24th – 26th –** Travel from Louisbourg into the Bras d'Or Lakes entering via the Great Bras d'Or Channel, or through the Canal at St. Peters

#### Friday, July 27th – Partridge Landing, Big Harbour, Great Bras d'Or Channel

1000 Propane refill at Baddeck waterfront

1300 Departure of bus to Gaelic College, for those registered

1730 Reception & Barbecue begins ashore

#### Saturday, July 28th - Baddeck

1000 Depart for Glenora Distillery Tour for those registered

#### July 29th – Inverary Inn, Baddeck

1000 – 1300 Brunch in marquee at the Lake shore

Sable Island Meeting @ the marquee, for those going to Sable Island

1330 – 1630 A public Ceilidh with snacks, on the dock at the Inverary Inn

1400 Departure for Hike, for those registered

#### July 31st - Sunflower Raft

1200 – 1400 Arrival at Little Harbour near Malagawatch and Marble Mountain at the northern corner of West Bay

#### Wednesday, August 1st - Baddeck

1700 Departure for Dinner & Ceilidh for those registered

#### Thursday, August 2nd – Baddeck

1800 Invitation to join members of the Bras d'Or Lakes Yacht Club (BYC)

#### August 3rd – Boulaceet Farm, Maskell's Harbour

1700 Closing Reception & Dinner

Between these scheduled events be sure to explore the many charming anchorages in the various arms of Bras d'Or Lakes as well as the many small communities, including charming villages of Baddeck and St. Peter's where it will be easiest to provision, go shopping, and visit cultural sites.



#### **THE BAG**

Your Bucket Bag was once a sail on a boat belonging to a Bras d'Or Station member. The bag was made by Windbag Company in Lunenburg, NS where they make bags of many sizes and descriptions out of reclaimed sails and other recycled materials. http://www.windbagcompany.ca/

#### **CUTTING BOARD**

The Cutting board included in your bag was made by Robert Evans of Englishtown, Cape Breton www.woodsmithstudio.com These beautiful creations are laminated from a variety of local hardwoods, including beech, oak, maple, yellow birch, ash, and larch accents. Boards are finished with food-safe walnut oil.

#### **Oatcakes**

The oatcake came to Cape Breton with the first Scottish settlers and remains an island favourite to this day. Fine oatmeal ground in the pioneer's grist mills, a little fat worked with fingertips, and perhaps a touch of sugar, made a crispy baked "cake" to eat with cheese or jam. These Cape Breton oatcakes were made by the Farmer's Daughter Market in Whycocomagh, Cape Breton. You will find oatcakes in many markets and stores throughout Cape Breton. Everyone had their own version and they are all delicious. Enjoy yours for breakfast or with a midday cup of tea.

#### **BELL MUSEUM**

The vouchers given to you at the time of Registration are for entrance to the Alexander Graham Bell Museum in Baddeck. We encourage you to explore the fascinating life and work of Alexander Graham Bell. Here you can learn about his special marriage to Mable, their family, and their life together; his work with the deaf; his man-carrying kites; the reconstructed Silver Dart (the first controlled powered flight in Canada); his experiments with hydrofoils; and the replica of the HD-4 hydrofoil. People of all ages and interests will find the Museum fascinating. It is only a short walk from the Baddeck waterfront.

Dr. Bell and his wife Mabel lived in Baddeck from 1885 until his death in 1922. She stayed there until her death later in 1922. Their remains lie under a simple granite boulder at Beinn Bhreagh, their beautiful estate, overlooking the Bras d'Or Lakes. Beinn Bhreagh can easily be seen from the Museum. The landscape and climate of the area reminded Bell of his birthplace in Scotland. It is here where he constructed a laboratory on the property and conducted experiments in powered flight and hydrofoil technology, among other things.

Ceilidh:

(pronounced kay-lee) It is Gaelic for gathering, but in Cape Breton it's come to mean toetapping music, good friends and good times.

#### **MAPLE SYRUP**

Your small bottle of maple syrup comes from Black River Maple Products, a small boutique maple syrup production facility in Cape Breton, from trees tapped in March 2012. Take pleasure in the delicious sweet taste, over pancakes, ice cream, or some other tasty treat.

#### **NEW ENGLANDERS TAKE LOUISBOURG. 1745 – (BOOKLET)**

This fascinating booklet has been provided to us by CCA Member and part-time Maskell's Harbour resident Harry Anderson. It will make interesting reading as you visit Fortress Louisbourg.

#### **COFFEE**

The packet of coffee in your bag comes from the famous coffee shop Tim Horton's – a Canadian cultural icon, originally selling only coffee and donuts. Tim Horton was a hockey player with the Toronto Maple Leafs in the 1960's – "the good old days" of only 6 NHL teams. He opened his first coffee shop in Ontario in 1964 and then in 1967 he partnered with a Nova Scotian, Ron Joyce, who expanded the chain following Tim Horton's early death. Tim Horton's, or "Tim's" as most Canadians call it has expanded to a multi-million dollar franchise which extends across Canada with over 4,000 fast-food stores and now into northern United States with more than 700 more. Tim's was even present on the Canadian base in Kandahar, Afghanistan and is now spreading throughout the Persian Gulf region.

Tim Horton's has also become a prominent feature of Canadian life, with a specific language developing around the product – the round centre of a donut is a "Tim Bit", and when one wants to order coffee with an extra large portion of milk and sugar one asks for a "double-double". The prominence of Tim Horton's on many street corners across the country has helped it permeate the conversation, and especially the comedy of Canadian life. As the noted Canadian author, Pierre Berton once wrote: "In so many ways the story of Tim Horton's is the essential Canadian story. It is a story of success and tragedy, of big dreams and small towns, of old-fashioned values and tough-fisted business, of hard work and of hockey."

#### **GARBAGE BAGS**

These clear garbage bags and blue recycling bags are included to help you manage your waste during your stay in Cape Breton.

#### **FUDGE**

The Cape Breton Fudge Company takes great pride in making all of their fudge using the finest ingredients; real butter and cream, and that Cape Breton spirit! Some good-eh!?



#### **THE EVENT – Registration & Dinner**

Date:

Monday, July 23, 2012

Lat & Long:

45°55'00" N; 59°58'00"W

**Start Time:** 

1630 HRS @ wharf

**Hosts:** 

Syd & Sandy Dumaresq

#### **EVENING SCHEDULE**

1600 The boat shuttle will begin to bring people ashore for the evening's events

1645 Buses will pick everyone up at the public landing and transport us to Fortress Louisbourg

1745 There will be a short guided tour through the King's Bastion and the Governor's Apartments, followed by a reception in the Chapel. Any general announcements will be made at this time.

**1845** Cannon salute at the Upper Battery.

1900 We will be marched with an honour guard to dinner in four separate restaurants. This dinner will closely resemble a good eighteenth century meal (and we don't mean bully beef and hard tack by this either!). Dress will be informal.

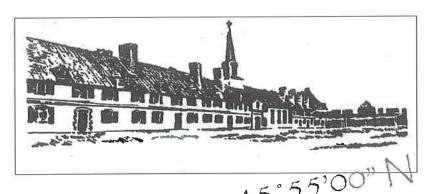
2100 (Approximately) Meet at Frédérick Gate (big gate by the water) from where buses will transport everyone back to the waterfront for their boat shuttle back to their boats.

(The Fortress is closed to the public after dark, but is opening tonight as a special favour to the CCA. To see her after dark is a magical experience, never to be forgotten.)

#### **BACKGROUND**

Louisbourg has always been strongly linked to the sea. The earliest recorded European visit to the harbour was by the English in 1597. Recognizing the economic and military potential of Louisbourg's harbour and fishery, Louis XIV secured it for France in 1713 by constructing a well-fortified, walled city. This vast fortress town was built to protect France's interests in North America, in particular, the valuable cod fishery and the sea road to Quebec. Louisbourg, the Dunkirk of America, was the third busiest seaport on the continent during the 18th century.

The Fortress fell twice: first to a group of New England militia in 1745. (In your Cruise Bucket Bag you will find a copy of "New Englander's Take Louisbourg, 1745" which will provide interesting background to your visit to Fortress Louisbourg.) To their astonishment the Fortress was traded back to the French in exchange for islands in the West Indies. The Fortress was again captured by General Wolfe in 1758 on his way to defeat the French at Quebec. This time the British demolished the Fortress stone by stone as a precaution against another revival. In the 1960's renewal began on the fortress ruins, and it became the largest reconstruction project in North America.



59°58'00" W

People who made their livelihoods from the sea continued to dwell in this rugged coastal area. Over the centuries local industries have included coal shipping, swordfishing, lobster, crab, and cod fishing and processing.

Louisbourg's present day population is about 1200. The depletion of the ground fish stocks has negatively affected local fish processing operations in recent decades. Today's economy is largely based on the lobster and crab fisheries. Recent cut-backs by the Canadian government will mean lay-offs at Fortress Louisbourg. Residents of the town are looking forward to our visit this summer. It is a bright light in what has been a disappointing spring for the community. As we have been told by members of the town "We are strong and will find a way to continue to prosper and remain vital."

To approach Louisbourg by sea is to see her the way the original inhabitants arrived. Look for the lighthouse battery and the two shore batteries and you will quickly realize that from the sea she was impregnable.

The Fortress is open to the public until 5 pm each day and a visit is highly recommended. It would be preferable if you and your crew visited the Fortress on your own before gathering for the evening of July 23rd so you may more clearly appreciate where you are when you return for the festivities. Your Cruise Bucket Bag (available at Registration) includes a one day entrance pass to the Fortress.





Fortress Louisbourg National Historic Site: Courtesy of Parks Canada

### Travel from Louisbourg to the Bras d"or Lakes

The normal summer weather provides flat or light airs in the morning and a gentle southwesterly in the afternoon. This provides a reasonably comfortable cruise of about 50 miles to the entrance of the Great Bras d'Or channel. It is important to arrive at the entrance to the channel on the fair tide. Information for the current at this entrance is in the "Canadian Tide and Current Tables, 2012, Volume 1, Atlantic Coast and Bay of Fundy". Times are given in Atlantic Standard time (Z+4) so remember to add an hour for local summer Atlantic Daylight Time. The tables show when the tide turns and when the tide reaches maximum flow, with current in knots. You should attempt to transit the channel into the lakes on the flood tide (216 DegTrue). For the dates of 24 ,25 ,26th July 2012 the table shows the following:

Flood begins at	(Atlantic Standard Time)	Peak current time	Peak current Knots	
24 July	09:15	11:59	+2.9	
25 July	10:17	13:01	+2.4	
26 July	11:34	14:09	+2.0	

For example on the 25th July the above table indicates that the flood starts at 11:17 and reaches a peak of 2.4 knots at 14:01 (Atlantic Daylight time). This indicates that transit of the channel should start after 11:17 and be complete by the start of the ebb at 17:01. In reality you can push these times a bit if you are prepared to motor into the current, however it indicates an early start from Louisbourg for these dates. If you wish to stop part way down the channel the first good harbour is Otter Harbour on the right, see write up in Suggested Anchorages and Chartlet 40 at the back of this guide.

Another possibility is to stop overnight in Sydney at one of the three yacht clubs, The Royal Cape Breton Yacht Club 902-539-5640, The Dobson Yacht Club 902-562-0515, and the Northern Yacht Club 902-794-9121. You will then be well positioned to approach the entrance to the Great Bras d'Or channel in the morning. The only drawback is the approximately 7 miles in and out of Sydney harbour. Sydney is a large industrial city (pop: 30,000) and serves as the ferry port to Newfoundland plus it has a commercial airport.

If the weather in Lousibourg is blowing from the North the better choice would be to enter the Bras d'Or Lakes at St.Peters Canal. With this approach there is no tidal current concern and if you arrive at the locks after 8pm there is a concrete dock to tie up until morning. Just inside the locks in Strachans Cove the Marina welcomes guests and is a great place to stop for a day or two.



THE EVENT - ĆEILIDH

Date:

Friday, July 27, 2012

Lat & Long:

46° 08' 29" N; 60° 37'20" W

**Start Time:** 

1700 HRS

Hosts:

**Rod & Gail Fraser** 

Wilson Fitt & Thelma Costello

#### **EVENING SCHEDULE**

1730 The bung will be removed from the Rum Barrel

**1730 – 2030** Open Bar

1745 – 2000 Intermittent Celtic Music

**1800 – 2000** BBQ and Desserts

2015 - 2100 Cape Breton/Scottish Country Dancing

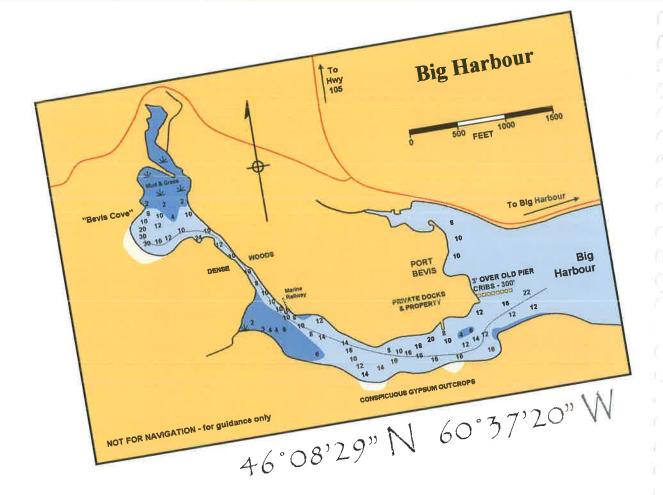
2130 The Bung will be replaced in the Rum Barrel

**WE'RE HOLDING A ĆEILIDH** to welcome you to the Bras d'Or Lakes, on Friday, July 27, starting at 1730. For those of you who have never attended a Ceilidh (kay-lee) it's a fun time, normally held in kitchens, and includes music, food and dancing.

The locale, will be on the docks and property of CCA member Waring Partridge at Big Harbour. Moran Taing Waring ("Thank you" in Gaelic). Our kitchen will be one of Waring's great boat sheds, our music will be Celtic; fiddle, guitar and keyboard; our food will be a BBQ and dessert catered by the Baddeck Lions Club and Linda from The Herring Choker; and our dance master/caller will be Burton MacIntyre from Wycocomagh. If you need help or advice find a man with a soft Scottish burr, Norman MacInnes. Not much happens at Partridge Landing without Norman's help.

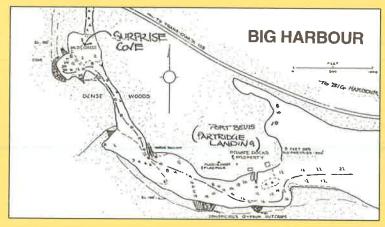
The pipes will skirl between 1715 and 1745 to remind you it's time to come ashore. Enjoy the Celtic music during eats and drinks, and after dinner you will have the opportunity to watch and partake in some Scottish country dancing. Burton is a master teacher so you'll be able to learn something new and work off that 2nd burger, all at the same time. You're bound to meet someone new and interesting during the Gay Gordons!

Partridge Landing is a magical place and we want you to enjoy it. Take a walk, enjoy the views, and appreciate the natural landscape. We doubt you'll be able to stand quietly, with your eyes closed, and enjoy the evening sounds and the smell of pines and spruce just then; but perhaps later, on deck in the quiet anchorage, you will experience the magic.



### Surprise Cove EXTRA TIDBIT!

If you draw 6' or less, Surprise Cove is a delightful fully landlocked harbour located in Big Harbour further in the cove from Partridge Landing. It is the site of and old gypsum quarry.



Favour the sandbar at the entrance to the Cove at Partridge Landing then swing south to the shore with the gypsum outcrops across the harbour from the buildings at Partridge Landing. At the first outcrop, swing northward to head for another tree shrouded outcrop about 2000' upstream. From there keep mid channel until the inner basin opens up. When

in this basin, swing hard to port and anchor under the first big gypsum cliff. A stern rope to the shore is a good idea as there is no water in the rest of the cove.

This is a great opportunity to climb the cliff and take a bird's eye photo of the yacht below.



#### THE EVENT - BRUNCH AT INVERARY INN

Date:

Sunday, July 29, 2012

Lat & Long:

46° 05′ 55″ N; 60° 44′46″ W

**Start Time:** 

1000 HRS

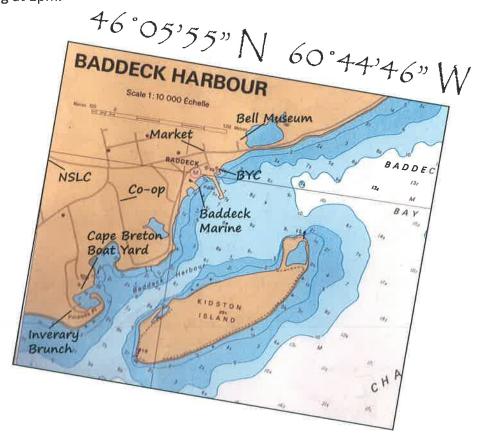
**Hosts:** 

**Erwin & Diane Wanderer** 

This morning we will gather at the shoreline of the Bras d'Or Lakes near Baddeck Harbour for Brunch. We invite you to arrive at the wharf via your own dinghy or the boat shuttle available (see Background section on Baddeck) to you. You will enter the small cove behind Pinaud's Point at the western end of Baddeck Harbour, where the Cape Breton Boatyard is located. Tieup to the wharf at the Lakeside Restaurant. Head towards the roadway to identify the marquee ahead and off to your left. We will be waiting for your arrival.

Brunch will be served buffet style and will be served from 10am to 12 noon. Non-alcoholic drinks are included and a cash bar will be available from 10am to 1pm. Enjoy your meal while overlooking the Lake and listen to the sounds of Rachael Davis and her fiddle.

Following Brunch, those participating in the Sable Island trip will remain in the marquee for a briefing at 1pm.



## Little Harbour

#### THE EVENT – SUNFLOWER RAFT

Date:

Tuesday, July 31, 2012

Lat & Long:

45°51' 01"N; 60° 58'05" W

**Start Time:** 

1200-1400 HRS Arrival

Leadership:

Wilson Fitt

CHS Chart No: 4279 - Bras d'Or Lake & Lennox Passage

The entrance is constricted to a 400-foot wide channel by sand bars extending from each side of the headlands. A mid-channel course should be maintained in the entrance. A shoal extending from the sandbar on the east side carries only 2 feet of water well past the headlands

Skippers of large vessels will be contacted a few days in advance with requests to arrive the evening before or first thing in the morning so they can anchor according to pre-set cardinal marks and pick up

45°51'01" N 60°58'05" W Malagawatch Harbour Updated 2012-01-30 Little Peller Hbr Militia NOT FOR NAVIGATIVE For guidance only ittle Harbour lotelq

lines that will establish the diameter of the raft. The remainder of the fleet should plan to arrive at the Harbour entrance between 12:00 and 14:00.

Boats will be hailed on VHF Channel 68 as they enter the Harbour and provided with instructions regarding which position to take up around the circle. All skippers should stand by and not take a position until directed to do so. Several RIBs will be in circulation to provide directions and assist with running anchors and lines as the raft forms up. Lines that are at or just beneath the surface will obstruct any attempt to cross the circle in anything other than a dinghy.

Each boat should have lines and fenders rigged on both sides and a bow anchor ready for use. Some boats on the leeward side will be asked to run a stern anchor with the assistance of a RIB.

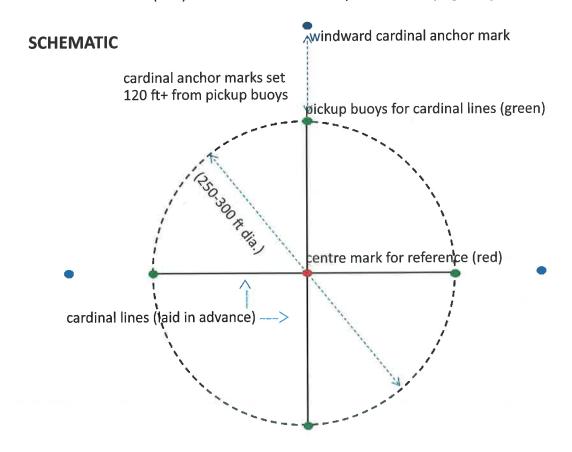
The objective is to have the raft fully formed by 15:00 and to maintain it until about 19:00. There will be lots of time for visiting, and for the nimble, enough to cover the full circle.

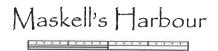
We encourage you to welcome visitors as they pass over your boat. This is essentially a Pot Luck and a BYOB affair, so we hope you get your own drink from your own boat and put munchies out for those stopping by for a chat.

Dismantling will take place in more or less the reverse order of arrival, taking care not to leave pods of boats floating free of any anchors. RIBS will be available to assist with recovery of stern anchors if needed. Great caution will be needed not to snag floating lines.

Our ability to set up the Sunflower Raft is somewhat weather dependant. We will make a go-no go decision on the morning of the event based on forecast winds in the afternoon. Even if wind prevents formation of the raft, there is lots of room for the fleet to anchor and visit back and forth throughout the day.

The Cape Breton Smokehouse Restaurant has a parking lot and a small float that can be used for embarking and disembarking guests. They would welcome CCA members for a meal. Reservations are recommended (902) 756-3332. However they cannot accept garbage or recyclables.





THE EVENT - Boulaceet Farm, Closing Reception

Date:

Friday, August 3, 2012

Lat & Long:

46° 01′ 20″ N; 60° 47′14″ W

**Start Time:** 

1700 HRS

Hosts:

Hans & Dani-Sue Himmelman

Rick & Bonnie Salsman Charles & Jane Westropp

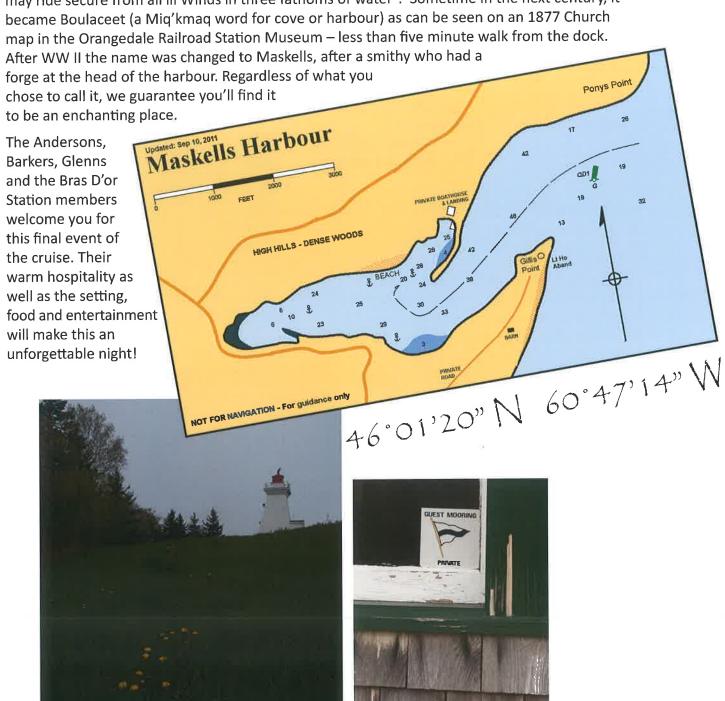
After rafting up, row ashore to Gillis Point, which is on the port side as you enter the harbour (opposite the sand spit). Allow yourself enough time to appreciate the quiet beauty of your surroundings. Things will get lively quickly, as Adam MacNeil "pipes" you ashore for a reception, with appetizers, music and conversation beginning at 5pm. Food will be provided by Charlene MacNeil of "Charlene's Bayside" in Whycocomagh. Charlene's cooking is well known to Cape Bretoners, but recently she became famous in a larger circle when her restaurant was featured in a TV episode of the Food Network's "You Gotta Eat Here!"

Throughout the evening, musical entertainment will be provided by Rankin MacInnes and his troupe. Rankin is a multi-instrumentalist and singer from Mabou, Cape Breton. Widely known as a bag piper, he has played at Ceolas in South Uist, Scotland and has participated in The World Pipe Band Championships in Glasgow with the Gaelic College Pipe Band. He has taught at the Gaelic College in Saint Ann's, Cape Breton for several years. Currently he is the bagpiper for the well-respected show DRUM!, based in Halifax Nova Scotia, as well as the frontman for the new, high energy show, Party Boots, where he has debuted his singing talent. Nick MacLellan, of Judique, Cape Breton, is Rankin's first cousin and provides electric guitar and vocals. Cassie and Maggie MacDonald are sisters who bring more to the table than your average fiddle and piano duo. Nominated for the 2012 East Coast Music Awards, for Roots/Traditional Album of the Year and Music Nova Scotia Award for New Artists of the Year and Traditional Artists of the Year, their debut album Fresh Heirs has garnered them much recognition and praise. Together, these fabulous musicians will have everyone tapping, singing, and having a good old East Coast time!

#### **BACKGROUND**

Arriving at Maskell's Harbour you'll see a scene largely unchanged since Gilbert Grosvenor, William Nutting, and Casey Baldwin sailed in on the yacht *Elsie* and hatched a plan that led to the formation of the Cruising Club of America. A majestic bald eagle-or perhaps more than one-may be standing guard to greet you. You'll immediately understand why Maskell's Harbour is a beloved anchorage to those who cruise the Bras d'Or lakes. CCA members Harry Anderson, Devereux and Jilda Barker and Larry and Anne Glenn, have chosen this special place as the location of their summer homes. We will be their guests during the closing event of the cruise.

Samuel Holland, an 18th century surveyor for the British Admiralty, named Maskells 'Port Eliott' and observed that it "...is the only safe harbour along this part of the coast...entrance seven fathoms...east side a sandy neck that runs out about 40 yards and forms a Basin, where vessels may ride secure from all ill Winds in three fathoms of water". Sometime in the next century, it became Boulaceet (a Miq'kmaq word for cove or harbour) as can be seen on an 1877 Church map in the Orangedale Railroad Station Museum – less than five minute walk from the dock.





Rather than a daily officer, Cruise Co-ordinators Erwin, Gretchen & Phil will be Officers on Duty throughout the Cruise. Should you have any questions at any point, please feel free to contact them through the following channels:

**Erwin Wanderer** 

**Ocean Wanderer** 

Call Sign CF4488 MMSI# 316005543 Cell 902-229-6862

**Gretchen McCurdy** 

Kehaar IV

Call Sign CV9147 Cell 902-275-7646

**Phil Wash** 

**Philharmonic** 

Call Sign CFN5594 MMSI# 316019297

### Cape Breton Tartan

The Cape Breton tartan was designed and first woven in 1957 by my grandmother, Elizabeth Isabel Grant, inspired by her friend Lillian Walsh's poem "The Lady of the Loom".

The tartan became popular throughout Cape Breton, quickly outstripping her ability to keep up with demand on her hand loom. She formed the Cape Breton Tartan Company, started to import the material from Scotland and for a number of years sold all types of tartan clothing and gifts. The pattern is now in the public domain and remains popular locally.

Fifty years later the coal and steel that brought wealth, or at least steady work and modest prosperity, to industrial Cape Breton are long gone but the green and gold around the lakes are as beautiful as ever.

Wilson Fitt RC Bras d'Or Station



#### The Lady of the Loom

by Lillian Crewe Walsh

A lady sat beside her loom. with yarns of every hue. To weave Cape Breton tartan, she only chose a few. Black for the wealth of our coal mines. grey for our Cape Breton steel. Green for our lofty mountains, our valleys and our fields. Gold for the golden sunsets shining bright on the lakes of Bras d'Or. To show God's hand hath lingered, to bless Cape Breton's shores. As she watched the pattern grow, then she could understand. Her shuttle had been guided, by the master weaver's hand.



**Boats should monitor VHF 16 throughout the Cruise.** – At 0800 each day RC Wilson Fitt (*Christina Grant*) will make a Channel 16 announcement asking Cruise Participants to go to Channel 68 and stand by for Cruise updates, weather, and other information of general interest. General announcements will be followed by an invitation for individual boats to call in with specific questions. To avoid everyone talking at once, participants will be invited to respond in groups by alphabetical order, for example "any questions or comments from boats with names beginning with letter A through E?"

If a situation warrants, a further general announcement may be made at 2000 hrs.

RC Fitt will be available by cell phone 902-456-3315 throughout the Cruise, although reception is poor in some places in the Lakes.

## Weather & Forecasting



#### **VHF WEATHER STATIONS**

Weather Radio Canada (Environment Canada) broadcasts continuously on weather channels WX-1, WX-2, and WX-3 providing marine and terrestrial forecasts in both English and French. However, the following should be taken into consideration:

Reception may be poor or impossible in many of the sheltered harbours and anchorages around our coastline. The marine forecasts given are for the near future only: "Today, tonight, and tomorrow" or "tonight and tomorrow". No synopsis or outlook is given. The languages (English & French) are generally switched on the hour and half-hour.

A chart showing the marine forecast areas is on the previous page.

#### CCGR VHF CONTINUOUS MARINE BROADCAST

Canadian Coast Guard Radio (CCGR) operates continuous marine broadcasts (CMB) on VHF Ch21B(WX-8), Ch23B, Ch25B, Ch28B, Ch83B(WX-9), depending on the area. The marine forecast includes the technical synopsis and the marine outlook for several days, in both English and French.

The following should be noted:

- You will need to set your VHF radio to "International" to receive Ch21B, Ch23B, Ch25B, Ch28B, and Ch83B.
- Reception may be poor or impossible in many of the sheltered harbours and anchorages around our coastline.
- The CMB includes Notices to Shipping, and Notices to Fish Harvesters, and other information as appropriate to the area. One may have to listen for a long time to receive the desired forecast in ones preferred language. There seems to be no set times for switching languages.

#### **CCGR MF-SSB Broadcasts**

Because VHF reception is often poor, cruisers with single sideband (SSB) radio, might want to take advantage of the MF-SSB broadcasts transmitted by CCGR. These marine forecast includes the technical synopsis and the marine outlook for several days. On the broadcasts (English and French), the weather forecast is usually given first in the predominant language of the area followed by the other language, before the Notices to Shipping and Notices to Fish Harvesters are given. A following table provides information on these broadcasts, and indicates whether information is given for the marine areas bordering Cape Breton Island (Cabot Strait, Forchu, Gulf-Magdalen, and Northumberland Strait). Time is Atlantic Daylight Time (ADT) i.e. local. Transmission is on upper sideband.

FORECAST AREA LIST		
201 Fundy	215 Cabot Strait	229 Northwest Labrador Sea
202 Grand Manan	216 Northumberland Strait	230 East Labrador Sea
203 Lurcher	217 Gulf - Magdalen	231 Southwest Coast
204 Brown's Bank	218 Chaleur - Miscou	232 South Coast
205 George's Bank	219 Anticosti	233 Southwestern Grand Banks
206 Southwestern Shore	220 Gulf - Port au Port	234 Southeastern Grand Banks
207 Lahave Bank	221 Northeast Gulf	235 East Coast
208 West Scotian Slope	222 Strait of Belle Isle	236 Northern Grand Banks
209 Eastern Shore	223 Belle Isle Bank	237 Northeast Coast
210 Sable	224 South Labrador Coast	238 Funk Island Bank
211 East Scotian Slope	225 Lake Melville	280 Bras d'Or Lakes
212 Laurentian Fan	226 Mid Labrador Coast	281 Halifax Harbour and Approaches
213 Banquereau	227 South Labrador Sea	301 Pointe-des-Monts to Anticosti - N half
214 Fourchu	228 North Labrador Coast	302 Pointe-des-Monts to Anticosti - S half

Time Time					Forecast Areas	Cabot Strait	Forchu	Gulf Magdin	Nthumb Strait
0437	0137	Rivière-au-Renard	2598	2749	215 – 221, 301, 302	Υ		Υ	Y
0737	0437	Placentia	2598		231 – 236				
0740	0440	Sydney		2749	209, 213 – 218, 231, 232	Y	Y	Y	Y
0807	0507	Port-aux-Basques	2598		215, 217, 219, 220 – 232, 235	Y		Υ	
0810	0510	Halifax		2749	203 – 214		Y		
0847	0547	Rivière-au-Renard	2598	2749	215 – 221, 301, 302	Y		Υ	Y
1040	0740	St John (Fundy)		2749	201 – 208				
1407	1107	Rivière-au-Renard	2598	2749	215 – 221, 301, 302	Y		Υ	Υ
1440	1140	Sydney		2749	209, 213 – 218, 231, 232	Υ	Y	Υ	Υ
1507	1207	Port-aux-Basques	2598		215, 217, 219, 220 – 232, 235	Y		Υ	
1540	1240	Halifax		2749	203 – 214		Υ		
1607	1307	Placentia	2598		231 – 236				
1640	1340	St John (Fundy)		2749	201 – 208				
1940	1640	Halifax		2749	203 – 214		Υ		
2010	1710	Sydney		2749	209, 213 – 218, 231, 232	Y	Y	Υ	Υ
2040	1740	St John (Fundy)		2749	201 – 208				
2107	1807	Port-aux-Basques	2598		215, 217, 219, 220 – 232, 235	Υ		Υ	
2137	1837	Placentia	2598		231 – 236				
2317	2017	Rivière-au-Renard	2598	2749	215 – 221, 301, 302	Y		Υ	Υ
0040	2140	Sydney		2749	209, 213 – 218, 231, 232	Υ	Υ	Υ	Υ
0048	2148	Placentia	2598		231 – 236				
0140	2240	St John (Fundy)		2749	201 – 208				
0207	2307	Port-aux-Basques	2598		215, 217, 219, 220 – 232, 235	Y		Υ	
0240	2340	Halifax		2749	203 – 214		Υ		

## Charts & Publications

Part of the challenge of cruising is the gathering of your own collection of charts and publications to assure safe navigation through unfamiliar waters. The farther you travel to a new cruising ground, the more work you must put in on this project. The list below is for charts considered essential only for the area the cruise is scheduled to be in, beginning in Halifax Harbour, proceeding Northeast outside of Cape Breton Island, then proceeding South through the Great Bras d'Or. Going back Southwest out of the Lakes at St. Peter's Canal and out of Chedabucto Bay. All of these charts are printed by the Canadian Hydrographic Service:

#### CHART (No. & Title)

4237	Approaches to Halifax Harbour	4376	Louisbourg Harbour
4236	Taylors Head to Shut In Island	4377	Main a Dieu Passage
4235	Barren Island to Taylors Head	4367	Flint Island to Cape smokey
4234	Country Island to Barren Island	4277	Great Bras d'Or, St Andrews Channel & St. Anns Bay.
4233	Cape Canso to Country Island	4278	Great Bras d'Or and St. Patrick's Channel
4307	Canso Harbour to Strait of Canso	4279	Bras d'Or Lake
4374	Red Point to Guyon Island	4275	St. Peters Bay
4375	Guyon Island to Flint Island		·

The following Canadian Hydrographic publications are also recommended:

- Canadian Tide and Current Tables, Vol 1, Atlantic Coast and Bay of Fundy, 2012.
- List of Lights, Buoys and Fog Signals, Atlantic Coast, published biennially. 2012.
- Radio Aids to Navigation, Atlantic and Great Lakes, published annually.
- Cruising Guides

Cruising Guide to the Nova Scotia Coast, Charles Westropp, Ed. Alexander Weld, Pub.

#### **OTHER READING**

"Halifax, Warden of the North" by Thomas Raddall, is a very readable history of the Halifax area from its foundation in 1749 to the end of World War II.

"The Highland Heart of Nova Scotia" by Neil MacNeil. The author grew up in the Washabuck area of the Bras d'Or, became a journalist in New York City, and wrote this book of reminiscences about his boyhood in Nova Scotia prior to World War I.

"Wind, Whales and Whisky" by Silver Donald Cameron, describes a circumnavigation of Cape Breton Island in what the author describes as, "a handsome, muscular 27 foot cutter".

"A Half-Century of Conflict, Vol II" by Francis Parkman, outlines the strategic importance of Louisbourg in the eighteenth century and the machinations of Britain and France competing for empire in North America.

## Emergency & Medical Information

Nova Scotia has an advanced emergency response system. The following are excerpts from the emergency / medical provincial websites. All the ambulances in our province (including helicopter LifeFlight service) use fully trained paramedics. Additionally Cape Breton has a regional hospital based in Sydney with excellent specialist services including ICU / Surgical / Medical / Obstetrical / Neonatal / Pediatric / Emergency and Psychiatric services.

Offshore, Canada participates in the GMDSS ( Global Marine Distress Safety System ) accessible by an activated EPIRB or by contacting the Canadian Coast Guard via VHF channel 16 / cell phone \*16 / HF 2.182 mhz. They do NOT monitor 4.125 mhz.

The Canadian Coast Guard also is current in DSC (digital signal calling) for VHF Channel 70. (they do NOT have DSC capability for HF i.e. 2.187.5)

#### Emergency HEALTH SERVICES - ACCESSIBLE BY CALLING '911'

Emergency Health Services (EHS) is a division of the Nova Scotia Department of Health and Wellness. It is responsible for the continual delivery, development, implementation, monitoring and evaluation of pre-hospital emergency health services in the province.

Pre-hospital emergency care and out of hospital primary and urgent care is provided through the EHS ground ambulance service and the EHS LifeFlight service.

Educational resources and programs designed to keep paramedics, nurses, physicians and other healthcare practitioners current and knowledgeable are widely available.

The EHS system in Nova Scotia has become an internationally recognized leader in the provision of pre-hospital care.

#### **RESTORE**

Heart attack patients who call 911 will receive faster treatment through new training by paramedics. As part of government's Better Care Sooner health plan, the provincial pre-hospital STEMI Reperfusion Strategy (RESTORE) expanded province wide.

#### 911

The Emergency Management Office (EMO) administers the 911 Emergency Service within Nova Scotia. EMO provides all the training, specialized computer software and standard operating procedures. Call answering is provided through a partnership with public and privately owned emergency dispatch centres at four locations across the province. EMO has a rigorous quality assurance-quality control program to ensure a consistently high level of service. Inquiries regarding the 911 service are always welcome and should be directed to 1-866-424-5620.

#### Know When to Call 911...

A 911 emergency happens when someone's health, safety or property is threatened and help is needed right away. If you aren't sure if your situation is a 911 emergency it is best to call and let the experts decide whether help needs to be sent or not.

#### Know When Not to Call 911...

911 is for emergencies only. It is not to be used for general inquiries such as calls to police concerning ongoing investigations, or calls to fire departments about community events. Inappropriate use of 911 ties up valuable resources. Intentional abuse of the system can lead to charges.

#### What to Expect...

When you call 911 the call taker will ask, "911, what is your emergency?" Stay on the line with the call taker and answer all questions. Expect to be asked:

- The nature of the emergency
- The complete address of the emergency, including civic number, street name and type, community and county
- To confirm the telephone number you are calling from
- The call taker will then link you directly to the appropriate emergency responders fire, police, ambulance or the poison information centre in your area. Speak directly with the agency and provide any additional information they need.

#### Know Where You Are...

This is probably the most important piece of information you can provide. Knowing your location and being able to give this information to the 911 call taker will mean that emergency responders can be dispatched sooner. If you call 911 from a traditional landline phone the call taker has immediate access to your address; however if you are calling from a cell phone or VoIP phone you must be able to provide information about your location to the call taker. When placing a 911 call, you should take note of highway/road signs/exits, civic numbers, buildings and landmarks in the immediate area. To make it easier to locate emergencies, the provincial government has erected highway distance signs along 100-series highways at one-kilometre intervals. These markers tell drivers the highway number, direction of travel and their location along the highway.

#### Never Hang Up.

You may have called 911 by accident, or the situation may have resolved itself; however it is important to let the call taker know this. If you hang up, the 911 call taker will assume that something has gone wrong. They will attempt to call the number back and may even have help sent. This ties up valuable 911 and police resources that could be responding to a real emergency.

Know the Capabilities of Your Device...

You can call 911 from a variety of devices (traditional landline, cellular, VoIP); however the information that accompanies your call differs considerably with each device. It is important that you are familiar with the benefits and limitations of the various devices you use. For more information on cellular and VoIP visit the sections on this site. You may also wish to contact your service provider for more details.

#### Using a Traditional Landline. ..

This is currently the safest way to make a 911 call in Nova Scotia. When calling 911 from a traditional landline telephone, the call taker has immediate access to: • Your phone number (even if it is a non-listed or non-published number) • Your complete address • Police, fire and medical responders for your area If you call 911 from a landline telephone and you cannot speak, emergency responders can still be dispatched because your address appears on the 911 call taker's screen. It is important to have at least one conventional phone that plugs directly into the wall. Portable phones require electricity and will not work during power outages.

#### Never Pre-program 911...

It is illegal in Nova Scotia to program 911 into any telephone, including cellular phones, as this often causes accidental calls to 911.

#### 911 Calls Requiring Special Assistance...

Each call taker is equipped to receive 911 calls directly from individuals who are using a TTY device for the hearing or speech impaired.

### "Bras d'Or ORIGIN OF NAME

There are several theories as to the origins of the name Bras d'Or. These include:

- One theory is that it is from the French, meaning "The Golden Arm". The Mi'kmaq Indian name was "Petoobook" meaning "a long dish of salt water".
- On the maps of 1872 and earlier, the Lake is named "Le Lac de Labrador" and this is more likely the present derivation of the present name. The literal meaning of Labrador is "Labourer".
- Indians called the entrance to the Little Bras d'Or "Banoskek", meaning "a deep cutting".
- The present Little Bras d' Or settlement was known as French Village, owing to the settlers all being French and French Acadians.
- Indians named the Big or Great Bras d' Or Lake "Moglakadik" (place of brant geese).
- In a paper prepared by the late Dr. Patterson for the Nova Scotia Historical Society, he says he believed the name Bras d' Or came from the Breton form of Bras d'eau, arm of water or of the sea. (from Nova Scotia Place Names by Thomas J. Brown, 1922)

## Boatyards, Marinas & Yacht Clubs

#### **Dobson's Boatyard & Yacht Club**

Sydney across harbor from the Town of Sydney, 902.562.9097. 500' of dockage space @ \$1.10/ft./day – over 50' \$2.20/ft./day 20 ton travel lift, can handle 50' Fuel – gas & diesel Washroom, showers, laundry

### **Royal Cape Breton Yacht Club**

Sydney side of the harbour Dockage for medium size craft. Dining, opposite the Yacht Club is Governor's Bar & Restaurant 902.562.7646.

#### **Bras d'Or Yacht Club**

See Baddeck in The Details Section

#### **Ross Ferry Marine Park**

Across Great Bras d'Or from Big Harbour - Partridge Landing Pump-out facilities at the dock Minimum low-water depth at dock 9'

#### **Baddeck Marine**

See Baddeck in The Details Section

#### **Cape Breton Boatyard**

See Baddeck in The Details Section

#### **Grand Narrows Ferryman's Wharf**

Grand Narrows where the 2 sections of thee Bras d'Or Lakes meet Facilities include

Pump-out station

Fresh water

Showers & laundry – loonies required

Wheelhouse Café – sandwiches (fresh bread) & salads, noon to 6 pm

Small liquor and convenience store

Exposed to SW winds

#### St. Peter's Marina

See St. Peter's in The Details Section



Throughout Nova Scotia there has been a strong move to responsible waste management. This is true on Cape Breton Island and the areas around the Bras d'Or Lakes. While you are cruising in these waters, there are 3 locations where you will be able to drop off your garbage — Louisbourg, Baddeck and St. Peter's. We ask that you be diligent in regard to your waste management and follow the required procedures. Green garbage bags are no longer used in Nova Scotia. You will need clear garbage bags and blue recycling bags.

#### **RECYCLABLES**

You are asked to use blue recycling bags for all your recyclables. All recyclable items – plastics, glass, etc. – can be placed in the same blue bag. All plastic containers and packaging must be empty, clean and free of food. Recyclable items include: all drink containers, including glass plastic, steel & aluminum cans, juice and milk cartons, plastic grocery and bread bags, cookie & sweet trays, shampoo bottles, cleaning fluid bottles, etc.

#### **PAPER PRODUCTS**

All paper products (newspaper, cereal & cracker boxes, general paper & envelopes, but not card board) must be recycled separately from other recyclables to avoid contamination of the paper. These can be put in a plastic grocery shopping bag or similar bag or separate blue bag.

#### **COMPOST**

Although composting is standard throughout the region, it is difficult to manage composting on a boat with the exception of throwing biodegradable food stuffs overboard when offshore. On a boat you will likely need to put these items in your garbage bag.

#### **GARBAGE**

You will need to use clear bags for remaining general garbage. Because you are recycling, your garbage output is likely to be quite small.

#### **HOLDING TANKS**

Everyone using the Bras d'Or Lakes is required to have and use holding tanks on their boats as discharge of sewage is prohibited. Unfortunately there are no pump-out facilities in Louisbourg. In the Lakes pump-out facilities can be found at Baddeck Marine in Baddeck, Ferryman's Wharf in Grand Narrows, and St. Peter's Marina in St. Peter's.

## Commercial Fishing and Aquaculture

The lobster fishery in the Bras d;Or lakes closes in mid July, however there may still be surface floats used in a crab fishery. It is prudent to keep a sharp eye out at all times. There are many oyster and mussel beds throughout Nova Scotia and the Bras d'Or Lakes. Do not harvest these oysters as the beds are privately owned.

Flag Etiquette

CCA Burgees should be flown from the mast head. Transoceanic and Circumnavigation pennants may be flown from the masthead if the vessel present is the one used for the award. It is also permissible to fly a swallow tailed burgee from the Port spreader to indicate CCA member on board. Power boats may fly a CCA burgee from the bow. For non-Canadian yachts a courtesy Canadian flag should be flown from the Starboard spreader. These yachts should fly their national flag on the stern, no higher than the courtesy flag. For dressed ship occasions a continuous string of signal flags, courtesy flags and event flags may be hoisted for a colourful display. Skull and crossbones, rude flags and product advertisements are not acceptable.

### Oatcakes

1/2 cup margarine (room temperature)

1/2 cup butter (room temperature)

1/2 cup white sugar

3 tbsp boiling water

1/2 tsp baking soda

2 cups flour

1/2 cup steel cut oats

1 1/2 cups rolled oats

1/2 tsp salt

Cream together the margarine, butter and sugar using a mix master. In a small bowl, stir the baking soda into the boiling water until it dissolves. Mix the water into the creamed mixture.



#### OTHER LOCAL HAPPENINGS DURING OUR CRUISE DATES

#### **THURSDAY, JULY 26th**

#### The Teenagers Living History Program for Youth (Iona, 1000 – 1600)

Get a sense of the responsibilities and the lifestyles of young Gaels in days past. The program features special hands-on activities including chores, crafts, language and song. (Ages 13-17)

#### Candlelight Tour (Iona, 1900 – 2100)

An Intimate evening featuring a storytelling tour of this living history site with the beauty of a Cape Breton sunset

#### JULY 28th to 29th

#### Festival by the Lake (West Bay)

Celebrations & clan gathering

#### WEDNESDAY, JULY 30th

#### Farmers Market (Baddeck, 1100 – 1400)

At the Community Centre, 526 Chebucto Street, a block up from BYC

#### JULY 30th to AUGUST 5th

#### Nicolas Denys Days (St. Peters)

Celebrations including

Historical display at the Wallace MacAskill Museum
Family Square dance at the United Church Hall, Monday 30th
Open Jam Session at the MacBouch Restaurant, Tuesday 31st,
Chowder Supper at St. Peter's Lions Hall, Thursday 2nd
Ceilidh at the Bras d'Or Lakes Inn, Thursday 2nd
Deep Fried Turkey Supper at St. Peter's Lions Hall, Friday 3rd.
Craft Market & Bake Sale at United Church, Saturday 10am – 3 pm
Barbecue at St. Peter's Ball Field, Saturday 11 am – 2 pm
Lunch with home cooking at St. Peter's Lions Hall, Saturday 11 am
Annual Parade, Saturday at 1:3 pm
Concert by the Sea at band shell overlooking St. Peter's bay, bring your own lawn chair, Sunday 5th

#### **AUGUST 2nd**

### Ensemble Caprice (Music Royale Concert) (Iona)

An original voice in early music with Matthias Maute, recorder; Sophie Larivière, recorder; David Jacques, baroque guitar

#### **AUGUST 3rd to 12th**

#### "Along the Shores of Washabuck" (Washabuck)

(Schedule not available at time of printing.)

#### **AUGUST 4th**

Highland Village Day Concert (Iona, at the Highland Village, up the hill from the shore)
Enjoy a fun, afternoon of Gaelic arts. Fiddlers, step-dancers, pipers, highland dancers, and more, come together to treat visitors to traditional Nova Scotia Gaelic culture in this outdoor concert overlooking the Bras d'Or Lakes

#### **AUGUST 5th to 11th**

#### BYC Regatta Week (Baddeck)

Cruise participants invited to remain in the Bras d'Or Lakes a bit longer to participate in the Bras d'Or Yacht Club Regatta Week beginning Sunday following the end of our Cruise.

August 2, 2012 from 1800h to 2200h

August 2, 2012 from 1800h to 2200h

August 2, 2012 from 1800h to 2200h

Celebrate new friends & old as we invite you to come back again!

at the

OMOOFINGS

Bower deck
902-295-2107



#### **SHORE LANDINGS**

When we arrive in Louisbourg, after clearing with the Canadian Border Services, we can come ashore at the Guy Hiltz Wharf which is located to the left of the building with the red roof and Canadian flag, and in front of the camping trailers. East of the Guy Hiltz Wharf is a bulkhead where we can tie up our dinghies, and at the end of this bulkhead is a small shore landing spot.

#### **PROVISIONING**

Service at the Louisbourg waterfront for visiting yachts is limited and supplies are generally not extensive.

There is no water available for refilling tanks in Louisbourg nor are there pump-out stations. These needs will have to wait until you reach Baddeck. If you need these services prior to entering the Lakes, you will have to visit one of the Yacht Clubs in Sydney, or head to St. Peter's.

Fuel is not available on the Louisbourg waterfront but arrangements have been made to have a fuel truck at one of the wharves on Tuesday, July 24th, to refill tanks as needed. Information on this refuelling process will be provided at Registration on the 23rd.

Propane is available a short distance from town and we are prepared to make arrangements for you to fill you propane tanks if necessary. However, arrangements have been made for propane refills in Baddeck. Information on this will be available in the Cruise Guide and at Registration

#### **FOOD & GENERAL SUPPLIERS**

Two shops in town provide basic supplies – Peck's and Louisbourg General. Pecks' also has a laundromat. Both are within easy walking distance from the waterfront.

#### **GARBAGE**

Arrangements have been made for garbage collection at the wharf on July 24th while refuelling is taking place. Should you find it necessary to drop off garbage prior to this, please do so at the government wharf – the T-shaped wharf, known locally as the "marginal wharf". It is possible this wharf may be under construction when we arrive. There is not enough space for a large amount of garbage to be deposited here. Do not drop garbage at the camp ground on the waterfront. Please remember to follow instructions provided earlier for bagging of garbage for pick-up.

#### **RESTAURANTS**

The restaurants in town include the Lobster Kettle, on the left-hand side of the waterfront; the Grubstake, and Fortress View, just up from the Guy Hiltz Wharf; and Jakes which only serves breakfast.

#### **SERVICES**

The NSLC (Nova Scotia Liquor Commission) which sells all alcohol, including beer and wine is on the main street. The only bank in town is RBC (formally Royal Bank of Canada) also on the main street (a block up from the waterfront).

#### **THEATRE**

The Louisbourg Playhouse is on the waterfront slightly to your left as you arrive on shore. They will be presenting the toe-tapping, light-hearted "One Night in a Cape Breton Kitchen", which includes music and skits. Drop by the Playhouse or the tourist office for more information on performances.

### Oatcakes Courtesy of Keltic Lodge

Keltic Lodge is located in northern Cape Breton.

**Sweet Version:** 

2 c flour (all purpose)
2 c rolled oats

1/2 tsp salt
1 c shortening

1 c brown sugar (packed)

1/2 c cold water

2 tsp baking powder

Stir together flour, oats, sugar, baking powder and salt. Cut in shortening with fingertips. Mix in water with fork, until ball forms. Divide in half. On a floured surface, roll out each half to 1/4 inch (5 mm) thickness. Cut into 2 1/2 inch (6 squares), then into triangles. Bake on lightly on greased baking sheets in 350F oven for 15 minutes or till lightly browned. Cool. Makes 60

Savory Variation:

2 c Oatmeal (scotch type)

2 tsp baking powder

1 c flour

1/4 tsp salt

2 tsp white sugar

1/4 c cold water

1/3 c lard, bacon fat or shortening

The savory variation is closer to the original Scottish version. If desired, process the oats in a food processor for 10 seconds to get a finer texture.



The picturesque little village of Baddeck is situated on the shores of the beautiful Bras d'Or Lake in the heart of Cape Breton Island. Baddeck will be the centre of many of our activities during the Cruise and is the primary supply and service centre on the Lakes. As well as stores and gift shops, Baddeck offers an array of restaurants.

#### **ANCHORING**

Although Baddeck Harbour appears at first glance to be crowded, Harbour Master Paul Harvey says there is plenty of room for another 60 boats. Go ahead and find a location that looks good to you and drop anchor. You can also check with Baddeck Marine (see below) if you wish to use one of their moorings or perhaps they have dockage available at one of their floats.

Dockage will be available at the Bras d'Or Yacht club dock and at the Village Wharf.

#### WATERFRONT

As you look at the Baddeck waterfront from the water, you will see the Bras d'Or Lakes Yacht Club (grey building) to the right of the large wharf known locally as the Village Wharf. To the right of the government wharf is Baddeck Marine (see details below). Next to the right is a boardwalk, along the edge of the water. Tucked well behind Pinaud's Point you will find the Cape Breton Boat Yard (see details below).

Across from the town and the other side of the mooring field is Kidston Island. On week days a boat shuttle takes young people across the harbour for swimming lessons and families for picnics. You are welcome to explore the walking trails on the island

Members of the Bras d'Or Yacht Club (BYC) (www.brasdoryachtclub.ca) wish to welcome the CCA 90th Anniversary Cruise to Baddeck and have offered use of their shore, docks, and club house. They have power and water available at their dock and showers in the club house. A bar at the club is available for your enjoyment. Note that on August 2nd, the Commodore and Members of BYC have invited us to join them for a "Bon Voyage" from 6 to 10 pm, with entertainment and a Happy Hour at the cash bar.

#### WATER TAXI

BYC is offering us a water-taxi using their crash boats on Saturday, July 28th and Sunday, July 29th. Contact their bar on VHF Channel 16 or call 902-295-2107. Please make a \$5.00 donation per trip for this service to go to the BYC Junior Sailing Program.

Baddeck Marine offers a boat pick-up service for \$5.00 during business hours.

#### LAND-BASED TAXI

Members of BYC and the local community are offering a taxi service between the grocery store and liquor store on Saturday July 28th and Friday, August 3rd. from 10am to 12 noon & 1-3 pm, each day. This service will be offered to you for a donation to local groups (confirmation as to which groups will be made closer to our arrival).

GW Taxi 902-295-0085 is a private taxi service available at any time during our visit.

#### **MARINAS**

#### **Baddeck Marine**

Located west of town pier, Monitors VHF Channel 68
Manager Stuart Germani 902-295-2434
Boat yard with haul-out facilities & chandlery
Fuel dock (gas & diesel), friendly service
Wharf-side power hook-up, laundry, showers, pump-out facilities, WIFI

#### **Cape Breton Boatyard**

Across from the west end of Kidston Island, behind Pinaud's Point Manager/owner Henry W. Fuller (CCA), 902-295-2664 Bus. 902-295-2057 Home Boatyard with haul-out facilities

Some wharf side dockage

#### **GARBAGE**

The large garbage container at the Village Wharf will be available to CCA boats to place their garbage. Please follow garbage sorting instructions found in the Waste Management section of this Cruise Guide.

#### **PROVISIONING**

The well supplied Victoria Farmer's Co-op is the local grocery store – not open on Sundays. Walk along the shore to the west and around the corner. You will see the Co-Op near the building supply store. The NSLC (Nova Scotia Liquor Commission) is located above Main Street on Margaree Road. Among the outdoor stores, specialty yarn shops, tartan and artist's shops, assorted gift shops and restaurants on Main Street, you will find Home Hardware and the Pharmacy on the north side of the street. Wander around town and explore its interesting shops.

#### **COMMUNITY MARKET**

On Wednesdays from 11 am to 2 pm a Community Market with local produce, cheese, flowers, jams, baked goods and crafts will be held at the Community Centre on Chebucto Street, at the intersection immediately above Village Wharf.

#### **EXPLORATION**

**The Alexander Graham Bell Museum** is a must stop for anyone visiting Baddeck. It is a short walk from the waterfront on the hill overlooking the Lake. Make time to visit, whatever your interests may be. It is a very special place with something interesting for everyone. Be sure to use your Museum Voucher provided at Registration.

Take in one of the **nightly Ceilidh's** offered at the Baddeck Gathering Ceilidh baddeckgathering@hotmail.com Nancy MacLean, is the manager and can be reached at 902-295-2794 or on her cell at 902-295-0971 for details.

Saturday, July 28th and Sunday, July 29th there will be entertainment by **local musicians at the Bras d'Or Yacht Club.** Everyone invited to join in.

For golf enthusiasts, the Bell Bay Golf Course is "down the bay", a few miles off to the east of the Village.

#### **RESTAURANTS**

Enjoy a meal at one of Baddeck's restaurants. Possibilities include:

Moderate/casual -

Highwheeler Café Tom's Pizza Yellow Cello Lobster Suppers

#### Higher end -

Bell Buoy Restaurant
Gisele's at Auberge Gisele's Country Inn
Inverary Main Dining Room & Lakeside Restaurant
Lynwood at the Lynwwod Inn
McCurdy's at the Silver Dart Lodge
Telegraph House

#### Gaelic:

A Celtic language native to Scotland and brought to Cape Breton by the Scottish settlers who made this land their new home. More than 2,000 people in Cape Breton speak Gaelic today.



The Village of St. Peter's straddles the narrow piece of land that separates the Atlantic Ocean from the Bras d'Or Lakes in the south east corner of Cape Breton Island. It is here where you will find the St. Peter's Canal which provide access to the Lakes via a canal and lock system. St. Peter's is a wonderful stopping point upon both entering and departing the Lakes for points south.

#### ST. PETER'S CANAL

St. Peter's Canal is a National Historic site which joins the Atlantic Ocean to the Bras d'Or, and winds its way through Battery Provincial Park. Work started on the 800 meter canal and lock in 1854. During the summer months the Canal operates between 8 am and 8:3 pm. Call the Lockmaster on VHF Channel 10 or at 902-535-2118. You can tie up along the bulkhead on either side of the Canal should you need to wait for clearance.

#### ST. PETER'S LIONS CLUB MARINA

A very convenient stop, arriving or departing through the St. Peter's Canal, is at the St. Peter's Marina, operated by the local Lion's Club. It is ¼ mile west of the Canal in Strachan Cove. The facility is run by Gerry Gibson, the friendliest and most helpful marina operator we know. Gerry can be reached at the Marina on VHF Channel 68, at 902-535-2729 or Gerry@stpetersmarina.ca The Marina is a short walk into the Village

Open 8 am to 8 pm daily throughout the summer, the Marina offers fuel (gas & diesel), pump out facilities, dockside water & power, clean laundry & showers, ice & basic marine supplies, and high-speed wireless internet access, along with 20 transient slips and 10 moorings for boats up to 150'.

From the Marina it is a short walk into the Village of St. Peter's where one has easy access to shopping and dining.

#### **PROVISIONING**

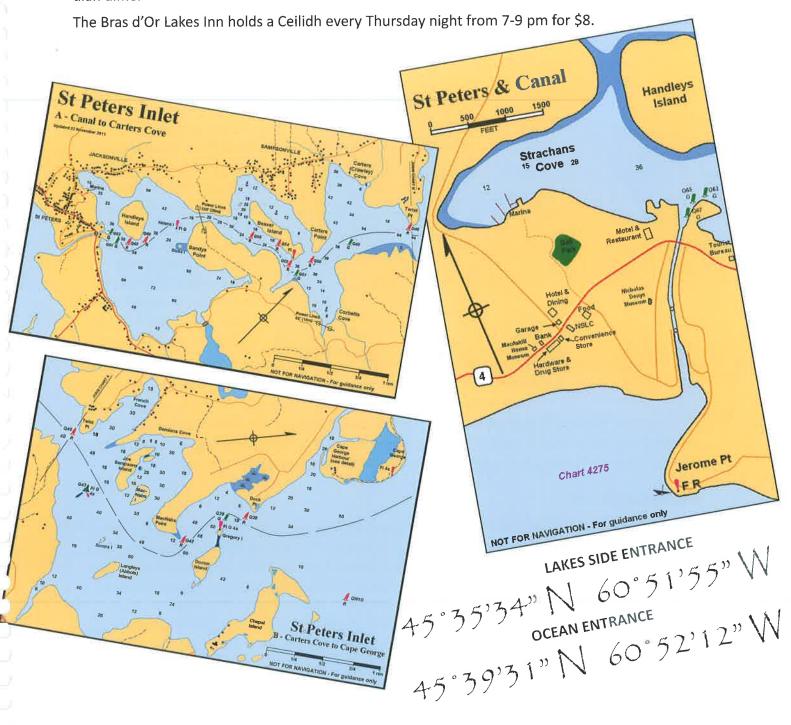
The Foodland grocery store is in the centre of the village, a short walk from the Marina. Also located in the community are the NSLC (Nova Scotia Liquor Commission), RBC & Credit Union banks, Guardian Drugs pharmacy, a hardware store, convenience store, gift shops, post office and Tim Horton's. Also in the Village you will find a general practitioner and the Richmond Day Spa.

#### **EXPLORATION**

In St. Peter's one can take a walk through Battery Provincial Park where a series of trails take you through the park and around the Village.

The Nicholas Denys Museum adjacent to the Canal, tells the story of this famous explorer and fur trader.

St. Peter's is the birth place of world famous marine photographer, Wallace R. MacAskill, whose 115 year old home displays over 100 hand tinted photographs and artifacts dating back to the early days of photography. MacAskill's famous Bluenose photo is still reproduced on the Canadian dime.





We encourage you to explore many of the enchanting anchorages not visited through the actual Cruise Events. Bras d'Or Station Members have offered the following description of some of their favorite spots.

#### OTTER HARBOUR

Located a little west of the Seal Island Bridge, Otter Harbour is the first good overnight stop upon entering the Lakes through the Great Bras d'Or channel.

Barge Cove Otter Harbour & Barge Cove NOT FOR NAVIGATION For guidance only The fully landlocked inner basin can

This delightful little harbour is located on the north shore of the channel just west of Harbour Point. Enter the harbour on a bearing of 282° true. Note that shoal water extends all around the little island in the harbour. Enter to the north of the island and anchor anywhere between the little island and the house in 12' - 15' of water. Good water can be held fairly close to shore.

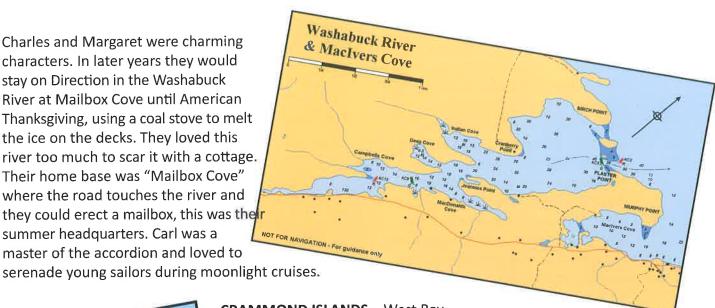
be entered by dinghy. It is a spectacular swimming hole. In days gone by there was a Tarzan rope on a tree on the western

shore. Perhaps it is still there. If so there is lots of water in the centre of the swimming hole and the Tarzan rope is perfectly safe, great for grandchildren and children at heart. Also in days gone by, there was a fresh water spring pipe at the far end of this inner basin.

#### WASHABUCK RIVER

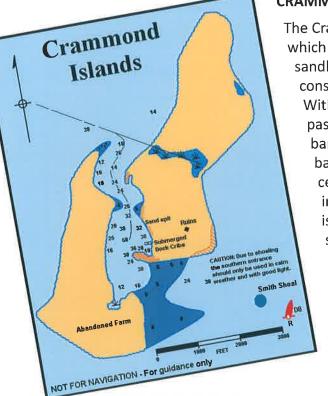
Located opposite Baddeck, the lovely Washabuck River is entered between Murphy and Birch Point through a marked channel. This beautiful river has a storied history. First settled by Scottish immigrants, the whole area was cleared and farmed up to the time of the opening of the coal mines in Glace Bay and the Sydney area in the late 1800's. Much of the west side of the river was purchased at tax sales by Charles and Margaret Vilas, owners of the famous yacht Direction. Charles, a CCA member was a founder and staunch supporter of the Bras d'Or Post (now Station). They owned the first two coves on the western shore and the last one on the eastern shore, all of which are good anchorages.

Charles and Margaret were charming characters. In later years they would stay on Direction in the Washabuck River at Mailbox Cove until American Thanksgiving, using a coal stove to melt the ice on the decks. They loved this river too much to scar it with a cottage. Their home base was "Mailbox Cove" where the road touches the river and they could erect a mailbox, this was the summer headquarters. Carl was a master of the accordion and loved to



#### **CRAMMOND ISLANDS** – West Bay

The Crammond Islands are separated by a deep channel which leads to a deep basin protected on the south by a bold sandbar. The preferred entrance is from the north. A conspicuous cut will open on the larger of the two islands. With the open cut as a landmark proceed shoreward until past the point of the western island to avoid a long rocky bar extending from this point. The course to the inner basin is mid-channel which must be navigated dead centre. Once the basin opens there is 20' – 50' of water in the cove between the islands. The southern sand bar is very steep to your bow. Your bow will strike the sandbar before your keel hits bottom. This is one of those classic harbours where you can picnic with the bow secured to the beach!

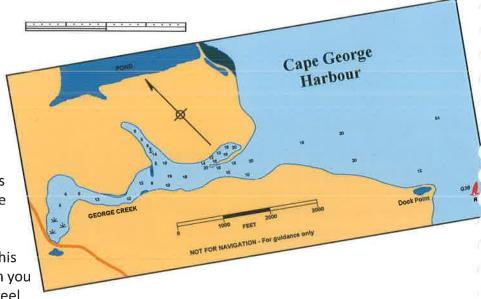


### Did you know...

St. Andrew's Channel in the Bras d'Or Lakes is a remarkable deep canyon with depths of 287 meters.

#### **CAPE GEORGE HARBOUR**

Cape George Harbour or George
Creek is the first anchorage upon
leaving the Lake and starting up
St Peter's inlet. The harbour is
completely protected and easily
entered. When the harbor opens
proceed directly in, favouring the
sandbar on your starboard side.
Good anchorage may be found
behind the bar in 18' of water. This
is another delightful bar on which you
can park your bow before your keel



touches bottom. You can also anchor in the creek, after passing the shoal which extends southward of the creek entrance. After this anchorage the water shallows quickly.

### Oatcakes Courtesy of Telegraph House, Baddeck

2 cups rolled oats

2 cups flour

1 tsp salt

½ tsp baking soda

2 cups bran flakes

1 1/4 cup sugar

1 tsp baking powder

1 ¼ cup shortening

½ cup boiling water

Add soda to boiling water and let stand until cool. Mix together flour, baking soda, salt, bran flakes, rolled oats and sugar. Cut in shortening, add water and soda. Roll out thin on a floured board. Bake in a hot over (475 degrees F) until golden brown.

### Barachois:

A "barachois" (Basque in origin) is a coastal lagoon separated from the ocean (or in this case the Lakes) by a sand or shingle bar. Lake water may enter the barachois during the highest tides but remains captured inside when the tide falls.



#### Favourite places to stop along Nova Scotia's Eastern Shore...

(Courtesy of Syd and Sandy Dumaresq)

The Eastern Shore of Nova Scotia is a wonderful place to explore, offering countless beautiful anchorages. The CCA Cruising Guide provides details but the offering is large and it's hard to tell the stars from the ordinary. Here are the Dumaresq's top ten favourites. (Please refer to the Guide for more detail on each.)

#### **LENNOX PASSAGE**

A great inside run between Isle Madame and Cape Breton Island, hazard free (except on very hot days when the bridge cannot open), and pastoral and beautiful.

#### **GUYSBOROUGH HARBOUR**

Slightly off the beaten track to the Lakes, this large harbour is at the mouth of the Milford River. There is a small marina in the lovely little town of Guysborough. This is a forgotten part of Nova Scotia, very remote by car but fully accessible for the yachtsman. There is a small golf course.

#### **ANDREW'S PASSAGE**

From the town of Canso all the way to Pea Island, Andrew's Passage is a great inside run with several good overnight stops.

#### **LOUSE HARBOUR**

Follow the guide closely and you will be in a secluded cove all by yourself with no sign of human habitation.

#### LITTLE DOVER RUN

From Dover Passage a short duck out to sea leads to another wonderful inside run.

#### **DOVER PASSAGE**

This is the start of a special inside passage from Dover Bay to Port Howe. There's a great overnight spot halfway through.

#### **MOUNT MISERY AT COUNTRY HARBOUR**

About half way up this fiord-like harbour on the port hand is the cove called Mount Misery in honour of the terrible winter the first settlers endured. Long since abandoned, the best part of Mount Misery is the swimming hole a few hundred yards up the brook from the head of the cove. The most fun here is to sit under the falls with your back to the rocks and the water running in front of you. The air pocket has room for two.

#### SHERBROOKE VILLAGE

Located at the head of Navigation on the St Mary's River, this delightful river leads to a restored historic village. It's a long run up the river but worth it.

#### LISCOMBE LODGE

Located at the head of
Navigation on the Liscomb River.
A beautiful sail up the Liscombe
River leads to a cove sheltered
from all winds. Here also is the
Liscombe Lodge with gas, diesel,
water, showers and a dining room.
It's a great respite from the cold
and grey outside and a real
hurricane hole.

#### SHELTER COVE

Located just west of Taylor
Head. Excellent protection from
all but NE winds. A short walk
from the head of the cove takes
you to two of the best beaches
in Nova Scotia. Shelter Cove is a
wilderness area donated to the
Nova Scotia Nature Trust by
Rudy Haase of the Friends of
Nature Organization. (Ask Syd
for more information.)

# She's Called Nova Scotia

She grows on you slowly the first time you meet There's just so much beauty the heart can believe And you want to stay longer and she's ever so pleased You're one of the many who don't want to leave

So walk through her green fields, Go down to the sea The fortune in your eyes is more like a dream She's called Nova Scotia and she so makes you feel You discovered a treasure no other has seen

It's hard to remember the places you've been For once in her presence she's all that you see And she cradles you softly like a warm gentle breeze And wins your heart over with a feeling of peace

So walk through her green fields, Go down to the sea The fortune in your eyes is more like a dream She's called Nova Scotia and she so makes you feel You discovered a treasure no other has seen

She welcomes the strangers from far away shores While deep down inside her, Some walk through her soul And at night in her slumber, The winds softly call And awakens her spirit that lives in us all

So walk through her green fields, Go down to the sea The fortune in your eyes is more like a dream She's called Nova Scotia and she so makes you feel You discovered a treasure no other has seen

So walk through her green fields, Go down to the sea The fortune in your eyes is more like a dream She's called Nova Scotia and she so makes you feel You discovered a treasure no other has seen You discovered a treasure no other has seen

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### We Rise Again The Rankin Family

When the waves roll on over the waters And the ocean cries We look to our sons and daughters To explain our lives As if a child could tell us why

That as sure as the sunrise
As sure as the sea
As sure as the wind in the trees
We rise again in the faces
of our children
We rise again in the voices of our song
We rise again in the waves out on the ocean
And then we rise again

When the light goes dark with the forces of creation
Across a stormy sky
We look to reincarnation to explain our lives
As if a child could tell us why

That as sure as the sunrise
As sure as the sea
As sure as the wind in the trees
We rise again in the faces
of our children
We rise again in the voices of our song
We rise again in the waves out on the ocean
And then we rise again

We rise again in the faces of our children
We rise again in the voices of our song
We rise again in the waves out on the ocean
And then we rise

### Working Man Men of the Deeps

It's a working man I am
And I've been down under ground
And I swear to God if ever see the sun
Or for any length of time
I can hold it in my mind
I never again will go down under ground

At the age of sixteen years
Oh he quarrels with his peers
Who vowed they'd never see another one
In the dark recess of the mines
Where you age before your time
And the coal dust lies heavy on your lungs

It's a working man I am
And I've been down under ground
And I swear to God if ever see the sun
Or for any length of time
I can hold it in my mind
I never again will go down under ground

At the age of sixty-four
Oh he'll greet you at the door
And he'll gently lead you by the arm
Through the dark recess of the mines
Oh he'll take you back in time
And he'll tell you of the hardships that were
had

It's a working man I am
And I've been down under ground
And I swear to God if ever see the sun
Or for any length of time
I can hold it in my mind
I never again will go down underground
(repeat 2 more times)

Lord I never again will go down under ground

### Song for the Mira

Out on the Mira on warm afternoons
Old men go fishing with black line and spoons
And if they catch nothing they never complain
I wish I was with them again

As boys in their boats call to girls on the shore Teasing the one that they dearly adore And into the evening the courting begins I wish I was with them again

#### Chorus:

Can you imagine a piece of the universe More fit for princes and kings? I'll trade you ten of your cities For Marion Bridge and the pleasure it brings

Out on the Mira on soft summer nights
Bonfires blaze to the childrens' delight
They dance 'round the flames singing songs
with their friends
I wish I was with them again

And over the ashes the stories are told
Of witches and werewolves and Oak Island gold
Stars on the river they sparkle and spin
I wish I was with them again

#### Chorus:

Out on the Mira the people are kind They treat you to home-brew and help you unwind And if you come broken they'll see that you mend I wish I was with them again

Now I'll conclude with a 'wish you go well' Sweet be your dreams, and your happiness swell I'll leave you here, for my journey begins I'm going to be with them again I'm going to be with them again

### Farewell to Nova Scotia

The sun was setting in the west
The birds were singing on every tree
All nature seemed inclined to rest
But still there was no rest for me

#### Chorus:

Farewell Nova Scotia
The sea-bound coast
Let your mountains dark and dreary be
For when I am far away
On your briny ocean tossed
Will you ever heave a sigh
Or a wish for me

I grieve to leave my native land I grieve to leave my comrades all And my parents whom I held so dear And the bonny, bonny lassie That I do adore

The drums they do beat
And the wars do alarm
The Captain calls, I must obey
So farewell, farewell
To my Nova Scotia home
For it's early in the morning
That I'm far, far away

I had three brothers and they are at rest Their arms are folded on their chests But a poor, simple sailor just like me Must be tossed and driven On the deep, blue sea

# Participants by Yacht

Yacht	Skipper	Crew	Station
AKUBRA	Reg Goodday		Bras d'Or
		Christine Goodday	
		Denis Connor	
		Susan Connor	
ALTHEA	Bill Ewing III		New York
		Susan Ewing	
		Fitz Ewing	
AMASEK	Syd Dumaresq		Bras d'Or
		Sandy Dumaresq	
		Gord Tidmarsh	Pacific Northwest
		Carol Dickin	
AMELIA 3	Jeff Hughes		New York
		Karen Hughes	
		Josh Summers	
ANNIE B	Harry Anderson		Bras d'Or
		William Maclay	Chesapeake
		Nick Bell	
ASTRAL	Truman Casner		Florida
		Cinnie Casner	
		Anne Casner	
		Kathleen O'Donnell	
		David Truslow	Boston
		Nick Grace	Boston
BLUEWATER	Milt Baker		Florida
		Judy Baker	
		Jim Chambers	Florida
		Sue Chambers	
CAP II	Nick Brown		Boston- Buzzards Bay
		John Bourke	Boston-Ireland
		Margaret Bourke	
		Bob Vanderlinde	Great Lakes
		Barbara Vanderlinde	
		Keith Chipping	
		Dina Hickman	
CARPE DIEM I	Denis Linton		Bras d'Or
	2 2 3 3 2 3 3 3	Fred Hosack	Florida
		Darlene Hosack	
CHRISTINA GRANT	Wilson Fitt		Bras d'Or
		Thelma Costello	

Yacht	Skipper	Crew	Station
DRAGON	Bill Torgerson		Chesapeake
		Maureen Torgerson	•
		Rick Born	Chesapeake
		Elaine Born	
DUET	Fred Allardyce		Essex
		Bobbie Allardyce	
		Bill Weil	
		Nina Weil	
M/Y EGRET	Scott Flanders		Florida
		Mary Flanders	
EGRET	Jonathan Goldweitz		Chesapeake
		Dorothy Goldweitz	
		Marjorie Robfogel	Chesapeake
		Jim Robfogel	
		Donna Schlegel	Chesapeake
GAFFER	Fred Voegeli		Bras d'Or
		Nancy Voegeli	
GREY GHOST	Phil Parish	, , , ,	Chesapeake
		Jeannette Parish	
		Tom Stoner	Chesapeake
		Mary Sue Stoner	оповировко
HAWK	Evans Starzinger	,	New York
M/Y KATHADIN	Peter Watts		Bras d'Or
		Barbara Watts	2,40 0 0
		Ted Silver	
		Sandie Silver	
KEHAAR IV	Kit McCurdy		Bras d'Or
		Gretchen McCurdy	Bras d'Or
		David Arenburg	Bras d'Or
		Liz Arenburg	5.45 4 6.
		Al Bishop	Bras d'Or
		Deb Bishop	5143 4 61
		David Archibald	Bras d'Or
		Mary Filbee	Dias a Oi
		Rick Salsman	Bras d'Or
		Bonnie Salsman	5143 4 01
ADYBUG	Miles Bidwell	pareman	Essex
		Lisa Bidwell	LUJUA
MANXMAN	Teddy Clucas		Chesapeake
		Anne Clucas	Chesapeake
		Jay Weaver	
		Sharon Weaver	

Yacht	Skipper	Crew	Station
MARGALO	Chip Johns		Boston-Buzzards Bay
		Colleen Johns	
MEMORY	John Fowler		Boston-Gulf of Maine
		Mary Lee Fowler	
NARCISSUS	Abbott Reeve		
		Kay Reeve	
		Debby Wheeler	
		Alex Wheeler	
NELLIE LAMB	Jim Evans		Bras d'Or
		David James	
NOR'EASTER	Rod Fraser		Bras d'Or
		Gail Fraser	
		Bunch Fraser	
OCEAN WANDERER	Erwin Wanderer		Bras d'Or
		Diane Wanderer	
PATIENCE	Peter Worrell		
		Kareen Worrell	
PEG LEG	Mike Rowley		San Francisco
		Charlene Casserley	
		Andy Harris	
		Sara Grosvenor	
		Clark Blynn	
		Barbara Blynn	
PERSEVERANCE	John Van Slyke		
		Bonnie Van Slyke	
		Gerry Clapp	Florida
		Carrie Damp	
PHILHARMONIC	Phil Wash		Bras d'Or
		Margot Spafford	
		Alex Astbury	
RABBIT	Dan Dyer		Boston-Buzzards Bay
		Mimi Dyer	
		Karl Von Schwarz	Chesapeake
		Lisa Von Schwarz	
REINDEER	Peter Driscoll		Chesapeake
		Anne Driscoll	
		Tony Parker	
		Claire Buchan	
		Anne Lonbay	
		Jules Lonbay	
		John Pulvermann	
		Mary Lee Pulvermann	

Yacht	Skipper	Crew	Station		
REMEDIOS	Frans Kok		Chesapeake		
		Mary M Shirley			
		John Melchner	Chesapeake		
		Carol Melchner			
RESOLUTION		Bill Cook	Boston-Buzzards Bay		
		Jeannie Myer	Boston		
		Larry Hall	Boston-Buzzards Bay		
		Kin Howland	Boston-Buzzards Bay		
		Tim O'Keefe	Boston-Buzzards Bay		
		Sue B O'Keefe	· ·		
RISING WIND	Garry Schneider		Boston-Gulf of Maine		
		Lesley Schneider			
SAFARI	Chris Cunningham		Boston-Buzzards Bay		
	-	CC Cunningham			
SEMPER VIVENS	Judy Robertson	_	Bras d'Or		
		Steve Kempton			
		Stephanie Kempton			
		Marine Kempton			
SILVER LINING	Larry Glenn		New York		
		Anne Glenn	New York		
		Jeb Embree	Essex		
		Diane Embree			
SISYPHS	Jack Towle		Boston-Buzzards Bay		
		Pam Barker			
		Sennett Duttenhofer	Florida		
		Ann Devereux			
SORN	Jesse Deupree		Boston-Gulf of Maine		
	Andy Lindsay		Boston		
	Phin Sprague		Boston-Gulf of Maine		
SPINDRIFT	John Chandler		Boston-Gulf of Maine		
		Tania Chandler			
		Peter Chandler	Boston-Gulf of Maine		
		Liza Chandler			
TEMAGAMI	Arthur English		Great Lakes		
		Barbara English			
		Andy Jones	Great Lakes		
		Jo Jones			
TIOGA	Pike Noyes		Boston		
		Linda Noyes			

Yacht	Skipper	Crew	Station	
TOO ELUSIVE	Kitt Watson			
		Diane Watson		
		Claire Watson		
		Oliver Watson		
		Merle Hallett	Boston-Gulf of Maine	
		Barbara Hallett		
		Jarrod Tubbs		
		Nick Smith		
WHITE MIST	Henry Fuller		Boston	
	Ed Tarbell		Boston	
		Sarah Newick		
		Mason Newick		
		Catherine Newick		
WINDFREE	Charles Westropp		Bras d'Or	
		Jane Westropp		
		John Hawkinson	Chesapeake	
		Marsie Hawkinson		
WINDIGO	Sandy Weld		Boston	
		Tad Lahmon	Pacific Northwest	
		Joyce Lhamon	Pacific Northwest	
		Jim Watson	Boston	
		Lea Watson		
WISCHBONE	Jeff Wisch		Boston-Buzzards Bay	
		Cindy Croft-Wisch		
Land Based	Dev & Jilda Barker	Boston		
	Bob & Sally Medland	Bob & Sally Medland		
	Waring & Carmen Pa	Waring & Carmen Partridge		
	Diana Russell	New York		
	Tom Kenney	Florida		
	Nick & Bobbie Schau	Nick & Bobbie Schaus		
	Levin Campbell		Boston	

## Participants by Name

### Participant Names

Fred & Bobbie Allardyce

Harry Anderson

David Archibald & Mary Filbee

David & Liz Arenburg

Alex Astbury

Milt & Judy Baker

Dev & Jilda Barker

Nick Bell

Miles & Lisa Bidwell

Al & Deb Bishop

Rick & Elaine Born

Nick Brown

John & Margaret Bourke

Clark & Barbara Blynn

Claire Buchan

Levin Campbell

Anne Casner

Truman & Cinnie Casner

Charlene Casserley

Jim & Sue Chambers

John & Tania Chandler

Peter & Liza Chandler

**Keith Chipping** 

Gerry Clapp

Teddy & Anne Clucas

Bill Cook

Denis & Susan Connor

Chris & CC Cunningham

Carrie Damp

Jessie Deupree

Peter & Anne Driscoll

Syd & Syd Dumaresq

Sennett Duttenhofer & Ann Devereux

Dan & Mimi Dyer

Jeb & Diane Embree

Arthur & Barbara English

Jim Evans

Bill & Susan Ewing III

Fitz Ewing

### Yacht

DUET

ANNIE B

KEHAAR IV

KEHAAR IV

**PHILHARMONIC** 

**BLUEWATER** 

**ANNIE B** 

**LADYBUG** 

**KEHAAR IV** 

DRAGON

CAP II

CAP II

PEG LEG

REINDEER

**ASTRAL** 

**ASTRAL** 

PEG LEG

**BLUEWATER** 

**SPINDRIFT** 

**SPINDRIFT** 

CAP II

**PERSEVERANCE** 

MANXMAN

**RESOLUTION** 

**AKUBRA** 

SAFARI

**PERSEVERANCE** 

SORN

REINDEER

**AMASEK** 

SISYPHS

RABBIT

SILVER LINING

TEMAGAMI

NELLIE LAMB

ALTHEA

ALTHEA

### Participant Names

Wilson Fitt & Thelma Costello Scott & Mary Flanders

John & Mary Lee Fowler

Bunch Fraser Rod & Gail Fraser Henry Fuller

Larry & Anne Glenn

Jonathan & Dorothy Goldweitz

Reg & Christine Goodday

Nick Grace Sara Grosvenor Larry Hall

Merle & Barbara Hallett

**Andy Harris** 

John & Marsie Hawkinson

Dina Hickman

Fred & Darlene Hosack

Kin Howland

Jeff & Karen Hughes

**David James** 

Chip & Colleen Johns

Andy & Jo Jones Marine Kempton Stephanie Kempton

Tom Kenney

Frans Kok & Mary M Shirley

Tad & Joyce Lhamon

Andy Lindsay Denis Linton

Jules & Anne Lonbay

William Maclay

Kit & Gretchen McCurdy Bob & Sally Medland

John & Carol Melchner

Jeannie Myer

Mason & Catherine Newick

Sarah Newick
Pike & Linda Noyes
Kathleen O'Donnell
Tim & Sue B O'Keefe
Phil & Jeannette Parish

Tony Parker

Waring & Carmen Partridge

### Yacht

**CHRISTINA GRANT** 

M/Y EGRET MEMORY NOR'EASTER NOR'EASTER WHITE MIST

SILVER LINING EGRET

AKUBRA ASTRAL

PEG LEG

RESOLUTION TOO ELUSIVE

PEG LEG
WINDFREE

CAP II

CARPE DIEM I RESOLUTION AMEILA 3

NELLIE LAMB MARGALO

TEMAGAMI SEMPER VIVENS

SEMPER VIVENS

REMEDIOS WINDIGO

SORN CARPE DIEM I

REINDEER ANNIE B

REMEDIOS

KEHAAR IV

RESOLUTION
WHITE MIST

WHITE MIST

TIOGA

ASTRAL

RESOLUTION GREY GHOST

REINDEER

### Participant Names

John & Mary Lee Pulvermann

Abbott & Kay Reeve

Judy Robertson & Steve Kempton

Marjorie & Jim Robfogel

Mike Rowley Diana Russell

Rick & Bonnie Salsman

Nick & Bobbie Schaus

Donna Schlegel

Garry & Leslie Schneider

Ted & Sandie Silver

**Nick Smith** Phin Sprague **Evans Starzinger** 

Tom & Mary Sue Stoner

**Josh Summers** Ed Tarbell

Gord Tidmarsh & Carol Dickin Bill & Maureen Torgerson Jack Towle & Pam Barker

**David Truslow** Jarrod Tubbs

**Bob & Barbara Vanderlinde** John & Bonnie Van Slyke

Fred Voegeli & Nancy Wilson-Voegeli

Karl & Lisa Von Schwarz Erwin & Diane Wanderer Phil Wash & Margot Spafford

Kitt & Diane Watson Claire Watson Oliver Watson Jim & Lea Watson Peter & Barbara Watts Jay & Sharon Weaver

Bill & Nina Weil Sandy Weld

Charles & Jane Westropp Alex & Debby Wheeler Peter & Carol Willauer

Jeff Wisch & Cindy Croft-Wisch

Peter & Kareen Worrell

### Yacht

REINDEER

**NARCISSUS** 

SEMPER VIVENS

**EGRET** 

**PEG LEG** 

KEHAAR IV

**EGRET** 

**RISING WIND** M/Y KATHADIN **TOO ELUSIVE** 

SORN **HAWK** 

**GREY GHOST** 

AMEILA 3 WHITE MIST **AMASEK** 

DRAGON **SISYPHS ASTRAL** 

**TOO ELUSIVE** 

CAP II

**PERSEVERANCE** 

**GAFFER RABBIT** 

**OCEAN WANDERER PHILHARMONIC TOO ELUSIVE TOO ELUSIVE TOO ELUSIVE WINDIGO** M/Y KATHADIN

**MANXMAN** 

DUET **WINDIGO WINDFREE NARCISSUS EIGHT BELLS** 

WISCHBONE

**PATIENCE** 

# Notes

# Bras d'Or Lakes Chartlets

We have included the following set of Chartlets to provide more detail of the many enchanting anchorages which we hope you will have time to explore in this or subsequent visits. This information is available on-line at www.cruising-cape-breton.info

These chartlets of the Bras d'Or Lakes are based on those originally published in 'Cruise Cape Breton'. The chartlets here are enhanced or redrawn versions—using computer graphics software and information gleaned from various sources, including the Canadian Hydrographic Office, National Resources Canada, Nova Scotia Land Registry Information System (LRIS), Satellite Imagery, and more recent observations. The hydrography in the charts is based on that given in the original 'Cruise Cape Breton' charts, initially prepared by Roy Mac Keen—a founding member of The Dobson Yacht Club, and past Commodore.

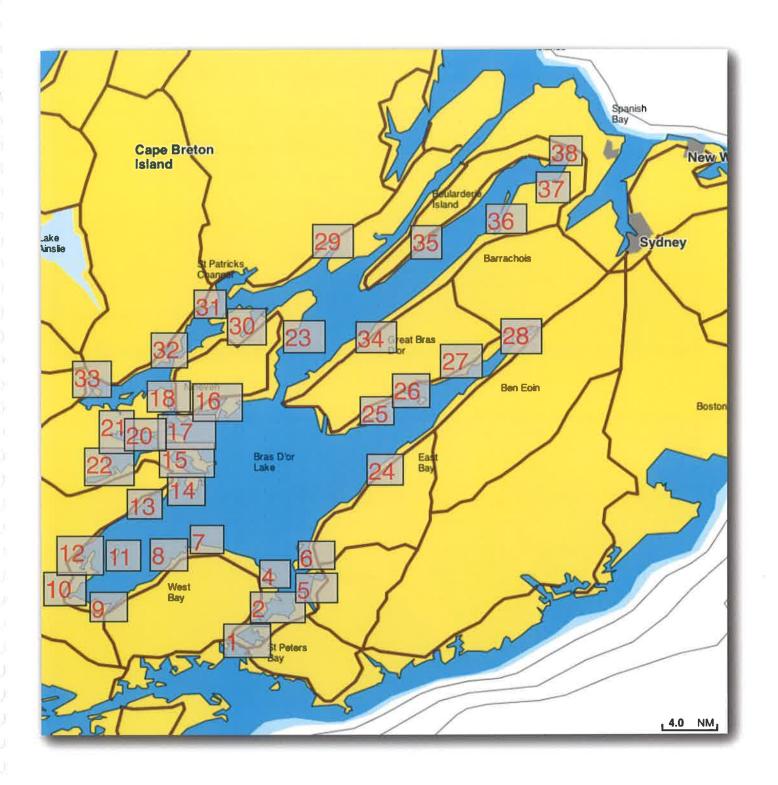
Boaters are 'Urged to Use Caution' in using the chartlets, since the soundings in these charts were taken in 1974, and that for some of the smaller scale charts, there were inaccuracies in the shorelines, which have been corrected in these revised charts. However, this made placing of some of the soundings difficult. This is still a 'work in progress'. Soundings in feet. (Chartlets in this guide are courtesy of Dobson Yacht Club.)

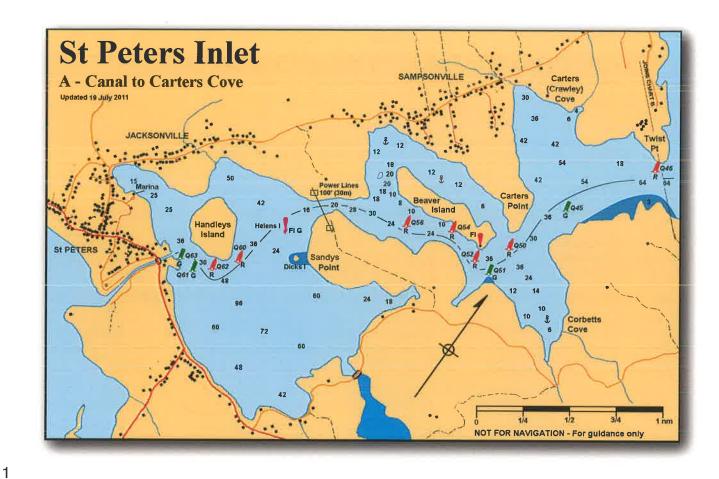
St Peters Inlet	East Bay
1 St Peters Inlet - Canal to Carters Cove	24 MacPherson Pond
2 St Peters Inlet - Carters Cove to Cape George	25 Christmas Pond
3 Chapel Island	26 McPhee Islands
4 Cape George Harbour	27 North Side East Bay—Chart A
5 MacNabs Cove	28 North Side East Bay—Chart B

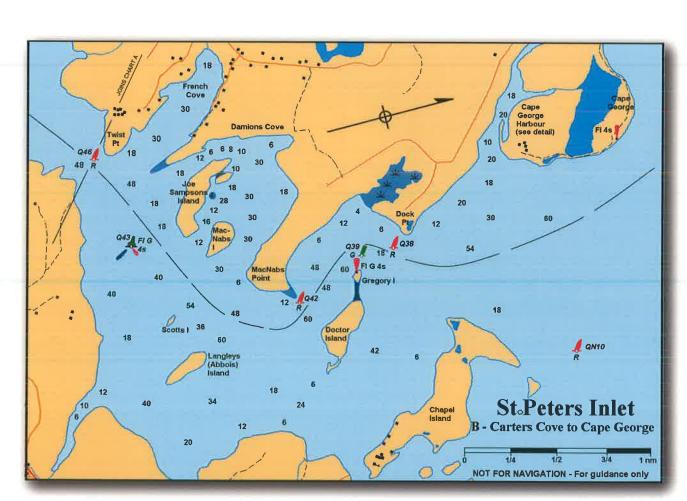
6 Johnstown Harbour	28 North Side Last Bay—Clid			
West Bay	St Patricks Channel			
7 Morrison Head (Morrison Hbr)	29 Down the Bay (Baddeck)			
8 Pringle Harbour & MacLeods Pond	30 Washabuck River			
9 Ballams Point (Dundee Resort)	31 MacNaughtons Cove			
10 Head of West Bay Cove	32 Little Narrows			
11 Crammond Islands	33 Whycocomagh			
12 Ross Pond				
13 Clarke Cove (Marble Mountain)				

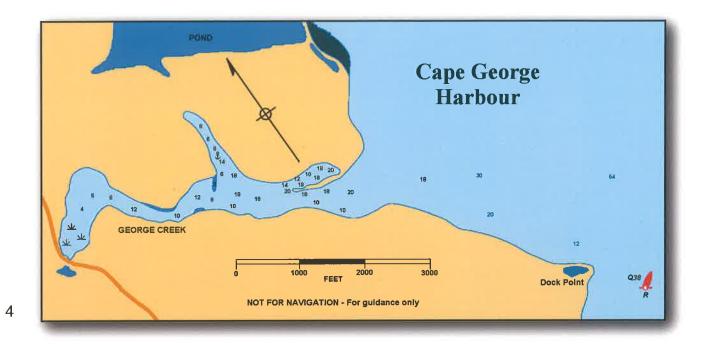
to head of west bay cove	32 Little Narrows
11 Crammond Islands	33 Whycocomagh
12 Ross Pond	
13 Clarke Cove (Marble Mountain)	
Malagawatch & Basins	St Andrews Channel
14 Little Harbour	34 Shenacadie & Black Point
15 Malagawatch River	35 Island Point Harbour
16 McKinnons Harbour	36 Long Island
17 Entrance to North & Denys Basins	37 Georges River
18 Alba & Estmere	38 Little Bras d'Or
19 Crooked Cove	
20 Morrison Cove	Great Bras d'Or Channel
21 North Basin & Orangedale	39 Big Harbour
22 Denys Basin	40 Otter Harbour
23 Maskells Harbour	41 Seal Island

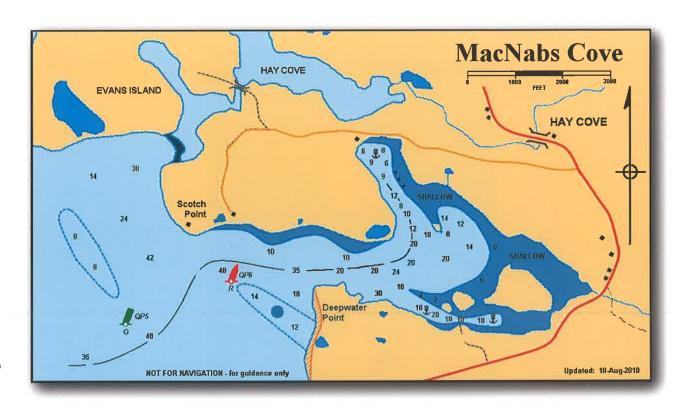
### Bras d'Or Lakes Cruising Chartlet Index

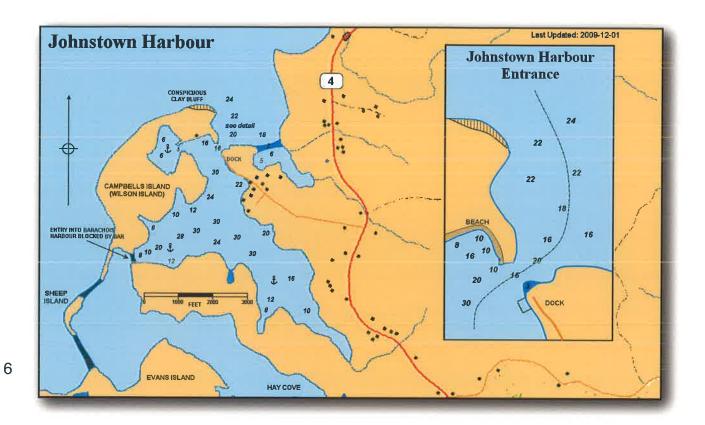


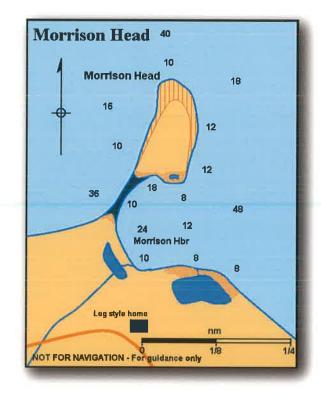


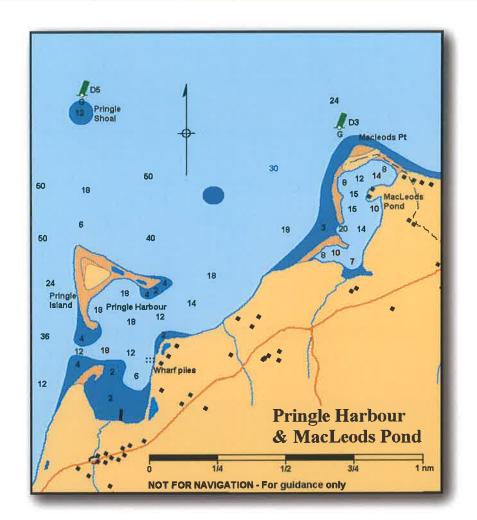


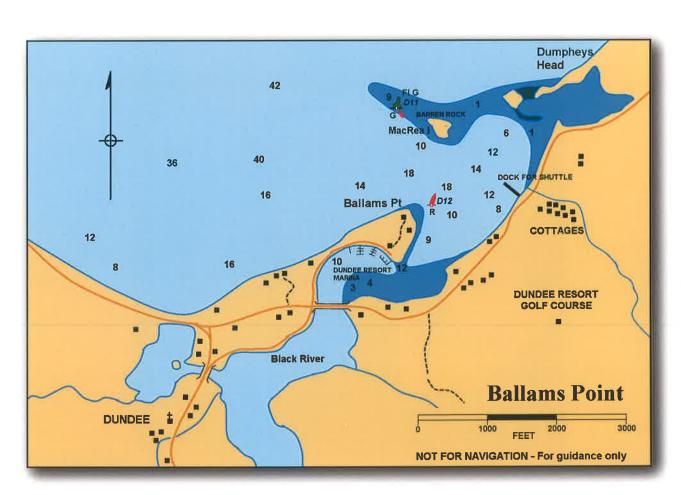




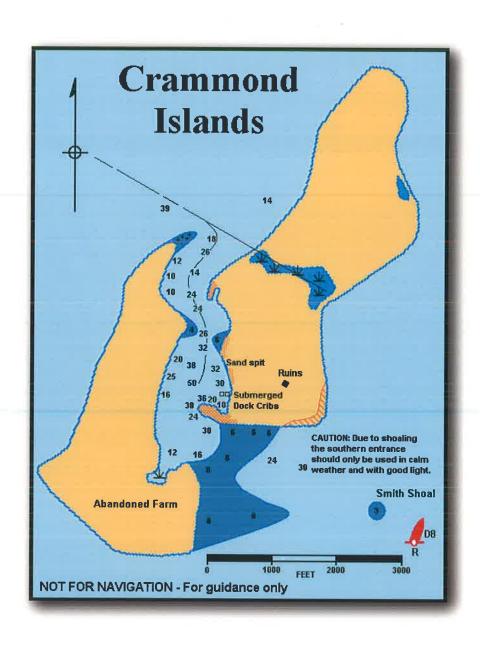


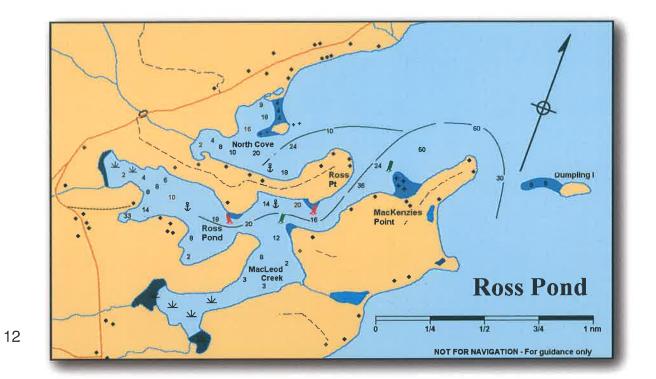


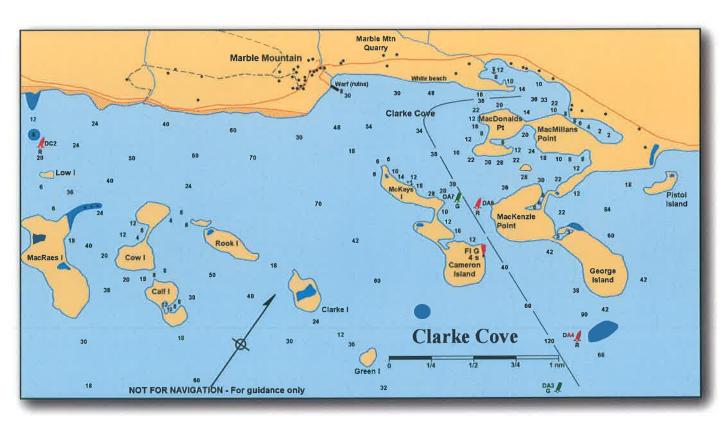


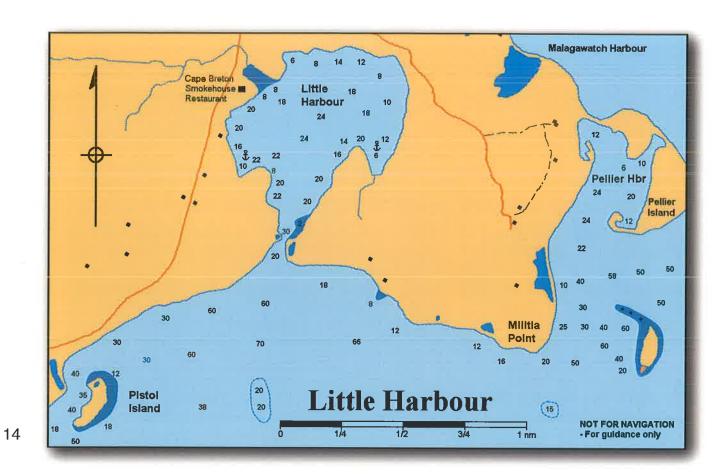


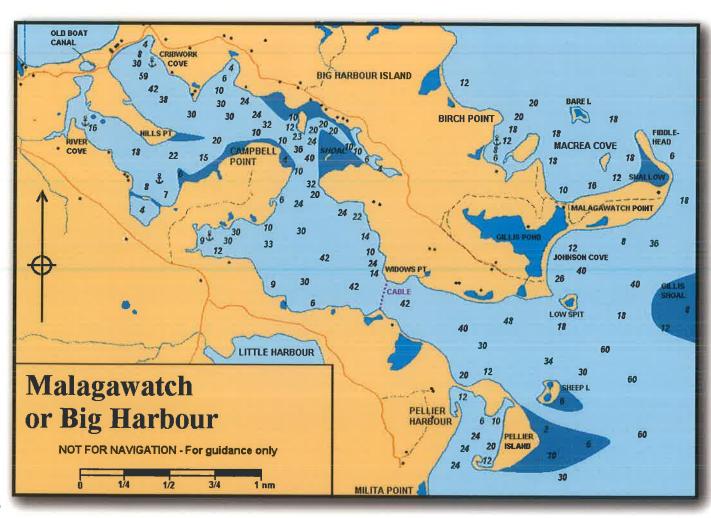


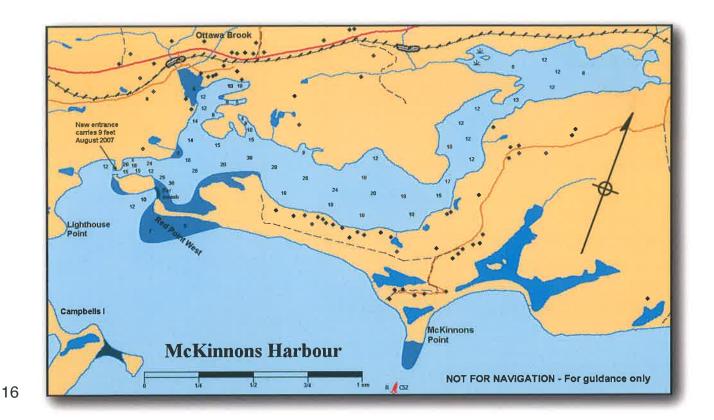


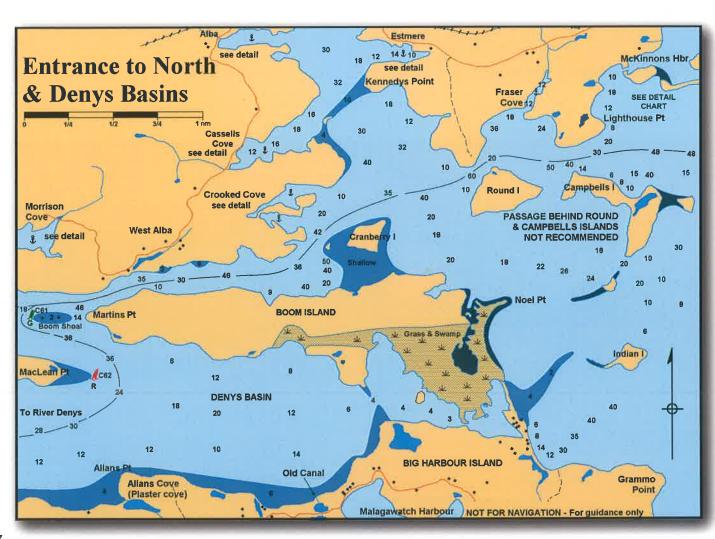


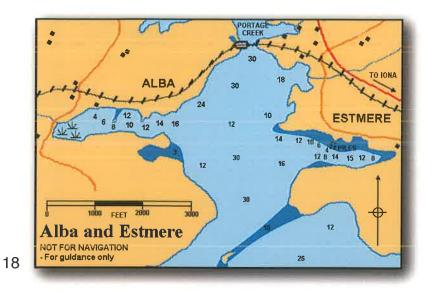


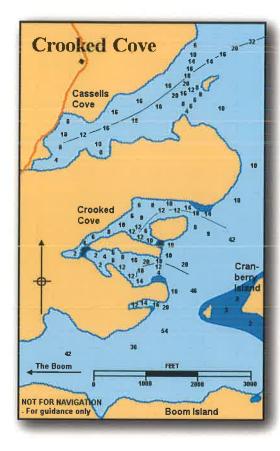


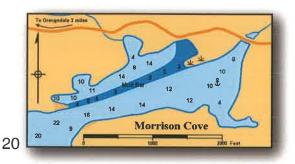


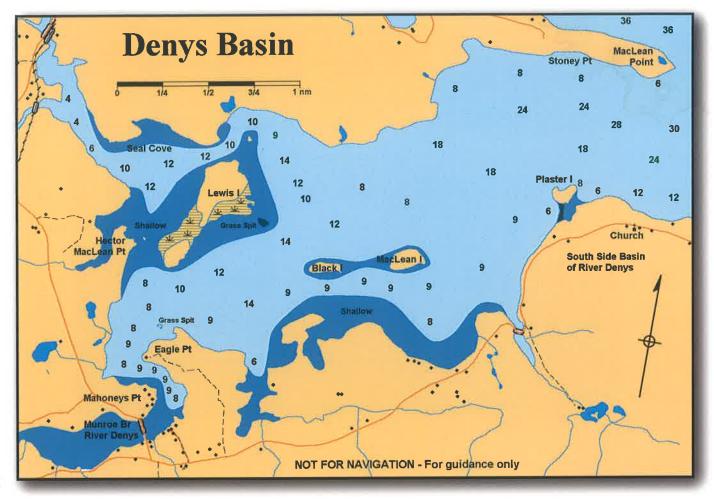


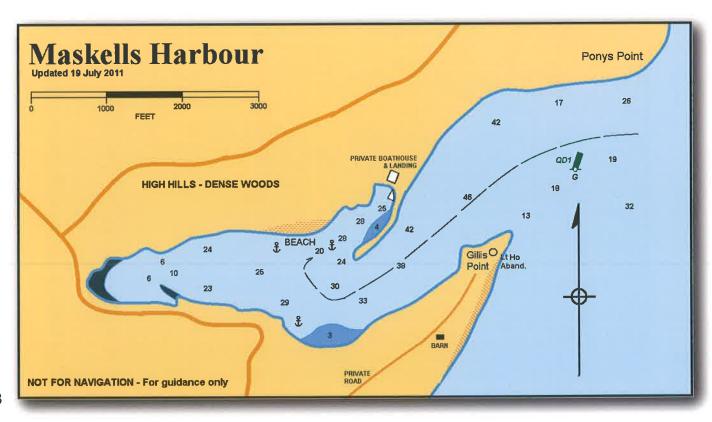


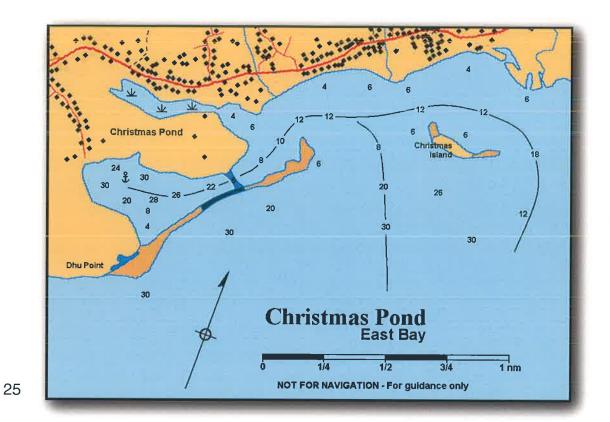


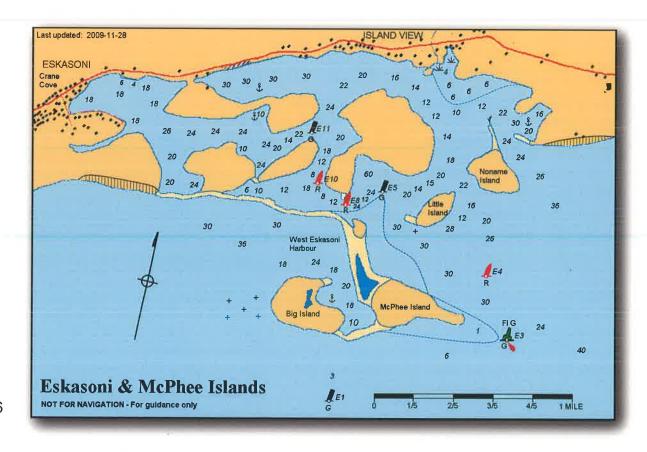


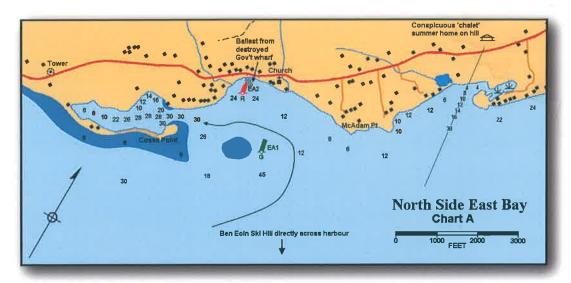


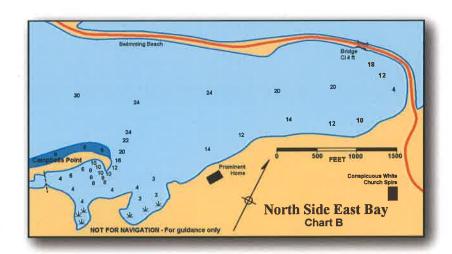


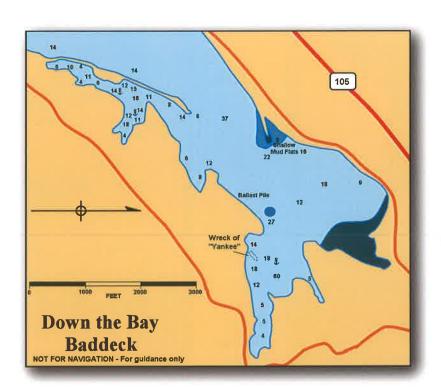


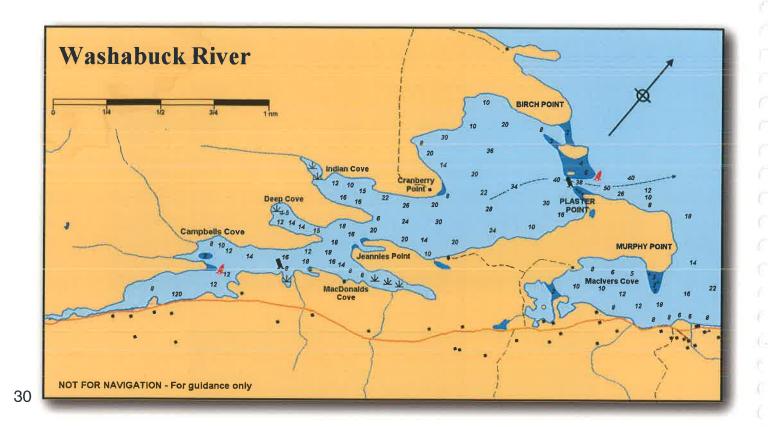


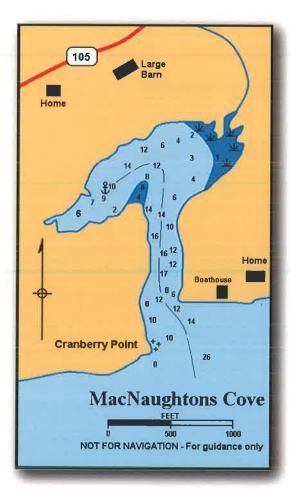


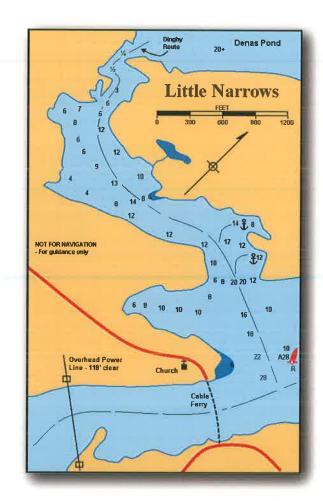


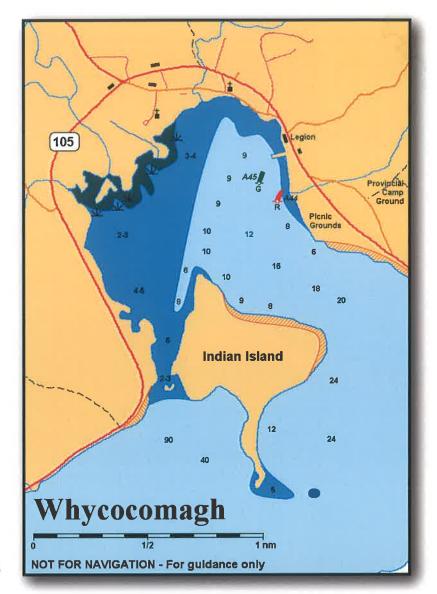


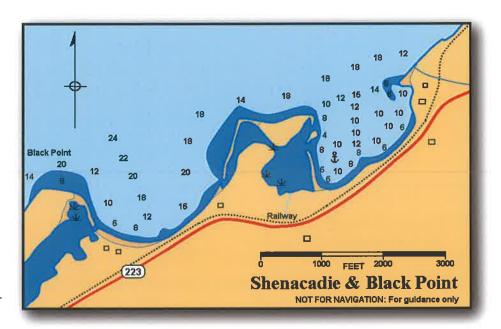


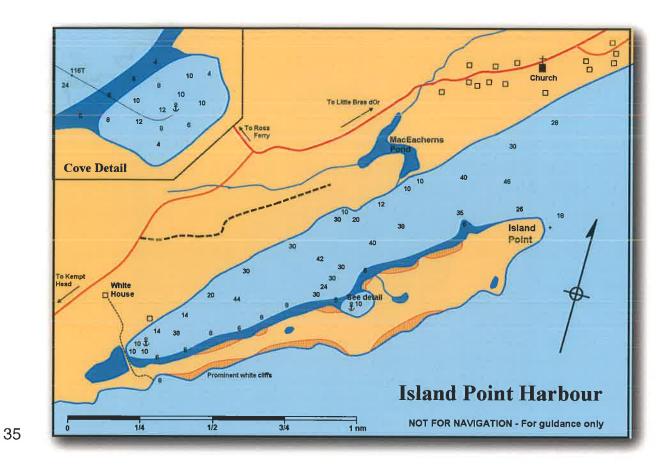


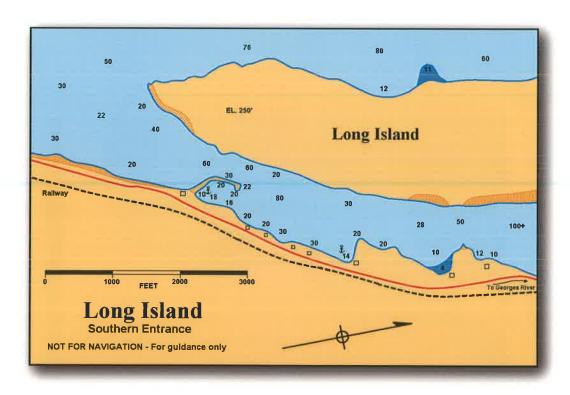


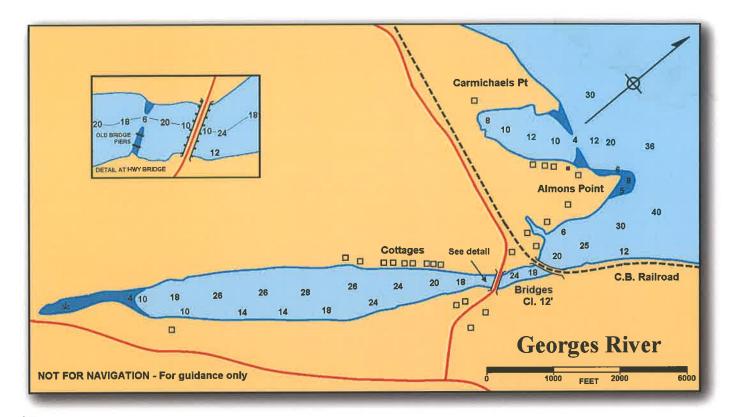


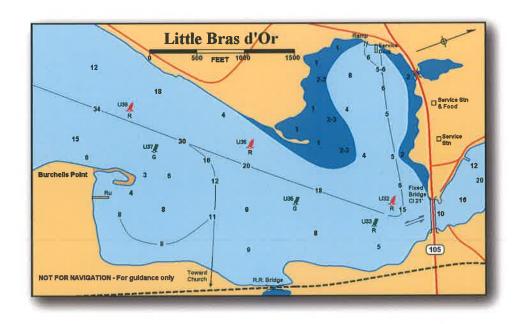












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