



Table of Contents

- Page 2 Cruise Committee
- Page 3 Commodore's Welcome
- Page 4 Brief History of Antigua
- Page 6 Cruise Itinerary / Recommended Harbours
- Page 7-11 Cruise Events
- Page 8-9 Bang and Go Back Challenge for the Royal Thames Decanter
- Page 12 General Cruise Information
- Page 13 Emergency Numbers
- Page 13 Weather Information
- Page 14-15 Cruise Participants
- Page 16-17 Cruise Charts

Dress Code: Gentlemen shall leave their jackets and ties at home.



Cruise Committee

Chairman	Brad Willauer
Secretary / Treasurer	Max Fletcher
Cruise Gear	Peter Stoops
Name Tags / Registration	Steve Taylor
Communications	Steve Taylor
Race Committee / Awards	Commodore Sherbrooke
Opening Event Host	Brad Willauer
Commodore's Cocktail Party	Peter Willauer
Closing Dinner Host	Brad Willauer
Fleet Medical Officer	Ed Tarlov, M.D.
Cruise Book / Web Information	David Pratt
Advisory	Phin Sprague, Sib Reppert



THE CRUISING CLUB OF AMERICA

ROSS E. SHERBROOKE
COMMODORE
50 CONGRESS STREET, ROOM 700
BOSTON, MA 02109

March 4, 2008

Dear Cruising Club Members and Guests,

Welcome to the coast of Antigua, all of it!, as we circumnavigate this historic island to starboard and add a bit of Barbuda along the way.

Chairman Brad Willauer and the Committee of Max Fletcher, Peter Stoops, Steve Taylor, Ed Tarlov, David Pratt, Peter Willauer, Phin Sprague, and Sib Reppert, have researched the shores and bays and produced a relaxing yet adventurous week for us in the tropics.

"It is warm work: and this day may be the last to any of us
at a moment. But mark you!
I would not be anywhere else for thousands."

Horatio, Viscount Nelson 1801

That goes for us, too. Lord Nelson will greet us in spirit, and a walk through his Naval Dockyard and Museum will bring us together to open the cruise at the Admiral's Inn. What a treat!

Getting under weigh the next day, we run along shore to the westward to rendezvous and race with the Members and Guests on the Royal Thames Yacht Club cruise, another treat and a fun chance to meet old friends and make new ones.

Kathleen and I are looking forward spending time with you as we continue our unhurried way around Santa Maria la Antigua and Barbuda.

Cheers,



Brief History of Antigua

It would be difficult to overestimate the impact on Antigua's history of the arrival, one fateful day in 1684, of Sir Christopher Codrington. An enterprising man, Codrington had come to Antigua to find out if the island would support the sort of large-scale sugar cultivation that already flourished elsewhere in the



Horatio
Nelson

Caribbean. His initial efforts proved to be quite successful, and over the next fifty years sugar cultivation on Antigua exploded. By the middle of the 18th century the island was dotted with more than 150 cane-processing windmills--each the focal point of a sizeable plantation. Today almost 100 of these picturesque stone towers remain, although they now serve as houses, bars, restaurants and shops. At Betty's Hope, Codrington's original sugar estate, visitors can see a fully-restored sugar mill.

Most Antiguanians are of African lineage, descendants of slaves brought to the island centuries ago to labor in the sugarcane fields. The earliest European contact with the island was made by Christopher Columbus during his second Caribbean voyage (1493), who sighted the island in passing and named it after Santa Maria la Antigua, the miracle-working saint of Seville. European settlement, however, didn't occur for over a century, largely because of Antigua's dearth of fresh water and abundance of determined Carib resistance. Finally, in 1632, a group of Englishmen from St. Kitts established a successful settlement, and in 1684, with Codrington's arrival, the island entered the sugar era.

By the end of the eighteenth century Antigua had become an important strategic port as well as a valuable commercial colony. Known as the "gateway to the Caribbean," it was situated in a position that offered control over the major sailing routes to and from the region's rich island colonies. Most of the island's historical sites, from its many ruined fortifications to the impeccably-restored architecture of English Harbourn, are reminders of colonial efforts to ensure its safety from invasion.

Horatio Nelson arrived in 1784 at the head of the Squadron of the Leeward Islands to develop the British naval facilities at English Harbour and to enforce stringent commercial shipping laws. The first of these two tasks resulted in

construction of Nelson's Dockyard, one of Antigua's finest physical assets; the second resulted in a rather hostile attitude toward the young captain. Nelson spent almost all of his time in the cramped quarters of his ship, declaring the island to be a "vile place" and a "dreadful hole." Serving under Nelson at the time was the future King William IV, for whom the altogether more pleasant accommodation of Clarence House was built. It was during William's reign, in 1834, that Britain abolished slavery in the empire. Alone among the British Caribbean colonies, Antigua instituted immediate full emancipation rather than a four-year 'apprenticeship,' or waiting period; today, Antigua's Carnival festivities commemorate the earliest abolition of slavery in the British Caribbean. Emancipation actually improved the island's economy, but the sugar industry of the British islands was already beginning to wane. Until the development of tourism in the past few decades, Antiguanians struggled for prosperity. The rise of a strong labour movement in the 1940s, under the leadership of V.C. Bird, provided the impetus for independence. In 1967, with Barbuda and the tiny island of Redonda as dependencies, Antigua became an associated state of the Commonwealth, and in 1981 it achieved full independent status. V.C. Bird is now deceased; his son, Lester B. Bird, was elected to succeed him as prime minister.





Cruise Itinerary

Recommended Sailing Directions and Harbours.

The committee suggests sailing clockwise around Antigua thence to Barbuda and return to Green Island for the Commodore's Cocktail Party. However if the trades are too heavy or the northerly swell forecast unpleasant, yachts may prefer to not go to Barbuda, rather unwind the string from Bird Island counter clockwise around Antigua back up to Green Island for the Commodore's Cocktail Party.
NOTE: Charter yachts are required to leave Diamond Bank to starboard headed for Barbuda.

Friday 3/14	Welcome! Admiral's Inn – 1730-1930 Cocktails, Dinner on your own. Pages 268 – 275, 2006 – 2007 Cruising guide to the Leeward Islands (2006-2007 CGLI)
Saturday 3/15	Carlisle Bay Page 345, 2006-2007 CGLI
Sunday 3/16	Jolly Harbour. - 1700-1900 CCA and Royal Thames YC GAM, BYO GROG and Nibbles. Pages 336-343, 2006-2007 CGLI
Monday 3/17	Jolly Harbour: 1000 “Bang and Go Back” Challenge for Royal Thames Decanter Night at Bird Island or Jumby Bay on Long Island Page 324, 2006-2007 CGLI
Tuesday 3/18	Sail to Barbuda, Charter boats must leave Diamond Bank to starboard headed for Barbuda. Palmetto Point to Low Bay, Eleven Mile Beach, Pages 264-265, 2006-2007 CGLI
Wednesday 3/19	Lay Day – Visit Rookery (Barbuda) pages 254-259, 2006-2007 CGLI
Thursday 3/20	Green Island Antigua 1600 Commodore's Cocktail Party Page 312, 2006-2007 CGLI
Friday 3/21	Lay Day – Green Island Pages 312-317, 2006-2007 CGLI
Saturday 3/22	Green Island to English Harbour Closing Dinner – Shirley Heights pages 283, 304, and 305, 2006-2007 CGLI, vans at 1715 from parking lot Admiral's Inn.



Friday March 14th

Opening / Welcome Party
Admiral's Inn, English Harbour, Antigua
Page 275 Cruising Guide

1730 – 1930 Cocktails
No Jackets and Ties
Dinner on your own





Monday March 17th

Royal Thames Decanter Bang and Go Back Challenge

~ Notice of Race ~

Brad Willauer: Principal Race Officer aboard S/V Lions Whelp

This casual race is for fun only.

1. Rules

- 1.1 The regatta will be governed by the *rules* as defined in *The Racing Rule of Sailing 2005-2008* (RRS).
- 1.2 The Organizing Authority will be the Cruising Club of America and the Royal Thames Yacht Club.

2. Eligibility and Entry

- 2.1 Participants must be members of the Cruising Club of America or the Royal Thames Yacht Club or their guests.

3. Schedule of Events

- 3.1 One race is scheduled with the Preparatory Signals at 0950 hours.
- 3.2 ***Start and Finish will be at Way Point 3 (17.05N, 61.56W) off Five Islands.***

4. Sailing Instructions

- 4.1 The format for the Race will be "Bang and Go Back". (see page 9)
- 4.2 Sailing Instructions will be available at registration.
- 4.3 Starting sequence will be a 10 minute format.

5. Venue

West side of Antigua , ***Way Point 3 (17.05N, 61.56W) off Five Islands.***

6. Scoring

- 6.1 Scoring and Prizes will be at the discretion of the Organizing Authority, the Principal Race Officer and Rear Commodore N. McKelvy.
- 6.2 Prizes will be awarded to the top three finishers, should three or more boats compete.

Sailing Instructions

Bang and Go Back Format - all competitors start at the starting signal.

The course and the time interval will be determined by the PRO based on wind direction and velocity, as well as that superior indicator, gut feeling. The course and time interval will be at the sole discretion of the PRO and no whining by the competitors, spectators or sealife is required. The course will be broadcast on VHF 08 at 0815 and 0930 at the starting line.

The starting sequence will be a ten minute format, starting 0949

11 minutes	5 toots on a noise making device
10 minutes	Red flag (no tee shirts) with one short horn/gun
6 minutes	Red flag comes down; no sound signal
5 minutes	Blue flag with one short horn/gun
1 minute	Blue flag comes down; one long (2 sec) horn
Start	Club burgee flies with horn/gun

Preparatory signal will be at 0950; start at 1000 hours

Duration: The race duration will be no longer than 30 minutes after the finish of the first competitor or 3 hours from the start signal.

All competitors will sail in a somewhat seamanlike fashion for a designated time interval on a designated course. At his discretion, the PRO will then signal via VHF 08 vessels turn and go back to the finish line (which is the same as the starting line).

The finish will be presented as a line between the race committee boat and another mark. Possible marks may be, but are not limited to,

- aids to navigation - unlikely
- drop mark - tomato or tetrahedron - most unlikely
- moored vessel - high probability
- stationary dinghy with attractive personnel – highest probability

Scoring: Prizes will be awarded to the top three finishers, should three or more boats compete.

Protest: All protests will be disallowed. However it is assumed that all will be discussed over cocktails.



Thursday March 20th

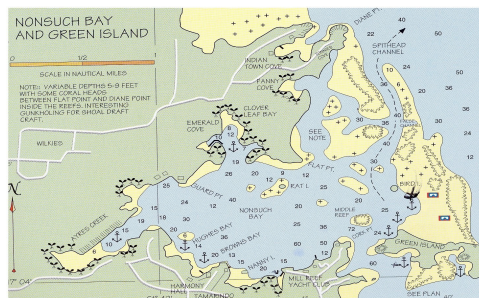
Commodore's Cocktail Party

Green Island

Page 312 Cruising Guide



Aboard ARABELLA
1600 - Cocktails
No Jackets and Ties





Saturday March 22

Closing Event

Shirley Heights, English Harbour

Page 268 Cruising Guide

1715 – Vans from Admiral's Inn to Shirley Heights

1745 – Cocktails

1900 – Dinner

Sunset - 1815

No Jackets and Ties





General Information

Charts and Nav Information

The 2006 – 2007 Cruising guide to the Leeward Islands

By Chris Doyle Ninth Edition

Communications VHF Channel 08

Cruise announcements will be at 0815 daily

Communications

VHF: Communication by VHF should be adequate everywhere. Members of the cruise committee will monitor **VHF Channel 08** every morning from 0800-0830. Cruise announcements, if any, will be broadcast daily at **0815** on Channel 08.

Please note: VHF Channels 66-74 – the usual pleasure craft channels in the USA - are exceptionally busy in Antigua with local traffic. Taxis, restaurants, all kinds of yachts and boats, along with the local citizenry use these channels (and others) for routine communications of every kind.

Your committee has been advised by our charter company that Channel 08 may be the best one for us to use each morning – we will try this and will announce any changes as required.

Skippers of bareboat charters should also monitor (when necessary) whatever channel is advised by their particular charter company.

CELL PHONES: While cell phone coverage is generally acceptable in Antigua, roaming prices can be confiscatory and cost-effective service will be limited to those who have made arrangements for the right kind of service via appropriate local SIM card, etc. Consult your cruise guide or local knowledge for details.

INTERNET: Free WiFi & Internet café locations may be found in many areas; these will be more cost-effective than cellular data cards with roaming service.



Weather and Weather Forecasts

Significant daily variations in settled Caribbean weather are rare at this time of year. More important are medium-range forecasts extending out several days that may anticipate significant northerly ground swell from distant systems, or a period of unusually strong trade winds. Peter Willauer on *Eight Bells* has agreed to monitor these forecasts and will report at the morning call (0815, Channel 08) when there is something meaningful in the forecast.

The cruise committee expects to provide a “week-ahead” weather briefing at the opening event, and this will be repeated at the first morning call, by VHF.

Medical Information

Hospital Medical Support

The main hospital on Antigua is Holberton Hospital, St. Johns (on the NW side of Antigua). (Tel #1-283-462-0251). There is also the Adelin Medical Center, Fort Road, St. Johns.

Afloat

Dr. Edward Tarlov, CCA BOS member, will be aboard *SENSI* during the cruise and will be available for informal advice. *SENSI* will depart from Jolly Harbor on Saturday March 16 and return there on Friday evening March 21. He will visit Friday evening March 21 with Dr. Marx Bowens, a retired surgeon in Antigua, Tel #268-561-1134. He will be at the Admiral's Inn in English Harbor the nights of Friday March 21 and Saturday March 22.

Captain Sandy Sunderland, on board *ARABELLA*, has a defibrillator on board. His crew is trained in CPR. Brad Willauer also has a defibrillator on board *LIONS WHELP*.



Cruise Participants

<i>Lions Whelp</i> 75' Staysail schooner	Brad & Ann Willauer Abbott & Leslie Sprague Coco Sprague Andrew Sprague Emmy Sprague Allison Sprague Phineas Sprague Matthew Hussey Alex Needles Auna Denson Andrew Howard	BOS/GMP Maine Age 19 Age 18 Age 14 Age 12 Age 9 Age 18 Age 18 Age 17 Age 21
<i>Coconut</i>	Ross & Kathleen Sherbrooke Ned & Susie Rowland Nancy McKelvy & John Stevenson	Commodore - BOS Past Commodore - BOS BOS
<i>Sensei</i> Beneteau 39	Ed and Suzanne Tarlov	BOS
<i>Eight Bells</i> J42 (Red)	Peter & Carol Willauer Chip Willauer Barbara Cousens	BOS/BUZ
<i>Fadeaway</i> Little Harbor 44	JP & Kaki Smith	BOS/GMP
<i>Sunsail Oceanis 373</i>	Roger Rue & Judith Smith Bob & Janet Witter	PNW
<i>Sunsail Oceanis 373</i>	Paul & Carol Connor Jeb & Dianne Embree KG & Brenda Gregory	ESS CT ESS CT

<i>Sunsail Oceanis 473</i>	Lou Scott Bill Whitney	SOC AZ PNW
<i>Sunsail Oceanis 473</i>	Charles Higginson	BOS/BUZ
<i>Sunsail Oceanis 473</i>	Larry Somers	SOC
<i>Sunsail 51</i>	Steve & M.E. Taylor Geoff & Dottie Jenkins Phil & Cathy McElroy Conrad Taylor (14), Ellie Jenkins (14)	BOS, SECTY CCA BOS
<i>Mystic Pearl</i> <i>Oyster 56</i>	Peter & Melinda Darbee Steve & Marilyn Hunt Larry & Jane Scott	SAF R/C SAF
<i>Hands Across the Sea</i> <i>Dolphin 460 Catamaran</i>	TL & Harriet Linskey	BOS
<i>Cream</i>	Nicholas Brown Bob & Barbara Vanderlinde Bob & Andrea Knight	BOS GLS GLS
<i>Sunsail Oceanis 423</i>	Charles & Jeanne Moore Jack & Glory Wills	FLA FLA
<i>Sunsail Oceanis 473</i>	Baird Tewksbury Ed & Sharon Sweo Alan & Janie Forsythe	PNW Vancouver B. C. PNW PNW
<i>Clover III</i> <i>Swan 58</i>	Neal Finnegan David Frazier Hans & Dani-Sue Himmelman	BOS BDO Halifax, N. S.
<i>Soft Touch</i> <i>68' De Fever Power</i>	Robert & Susan Bernheim	SAF
<i>Wings</i> <i>Little Harbor 53</i>	Mike & Lee Brown Jim & Sue Corenman	PNW PNW
<i>Palawan</i> <i>Little Harbor 75</i>	Joe & Lesley Hoopes Norman & Tricia Angus	NYS ESS

<i>Aphrodite</i>	Chris & Shawn Otorowski	PNW
<i>Swan 46</i>	Lori Bieberstein & Gino Borland	
	Rick & Maureen Meslang	PNW
<i>Kimberlite</i>	Eric Freedman	NYS
<i>Amel 53</i>	Charles Starke	CHE
	Eric Forsyth	NYS
	Ian McCurdy	NYS
	Rod Harris	
<i>Hound</i>	Eberhart, Jr, Frank & Delphine	NYS
<i>Arabella</i>	Peter & Audrey Ward	NYS
	Martin & Katherine Ill	
	Jim & Ruth Clark	BOS/BUZ
	Bill & Collot Brewer	CHE

Cruise Charts

